London Bridge Hospital

OUTPATIENT DIAGNOSTIC AND TREATMENT CENTRES

31 OLD BROAD STREET | 120 OLD BROAD STREET | CITY OF LONDON MEDICAL CENTRE | DOCKLANDS HEALTHCARE | SEVENOAKS MEDICAL CENTRE
Centres of Medical Excellence in the City…

Our outpatient diagnostic and treatment centres allow London Bridge Hospital’s world-leading Consultants to provide the highest standards of care at a number of easily accessible locations throughout the City of London and the South East.

Each centre is equipped with the latest medical technology and state-of-the-art facilities, providing the same high-quality care as London Bridge Hospital. In addition to this, they each have their own key specialties; allowing patients and GPs to choose a centre either based on the convenience of its location, or the specialist services offered.

Our world-class outpatient diagnostic and treatment centres are:

• 31 Old Broad Street
• 120 Old Broad Street
• City of London Medical Centre
• Docklands Healthcare
• Sevenoaks Medical Centre
Developed and supported by London Bridge Hospital

Our outpatient centres are an extension of London Bridge Hospital, allowing patients faster access to the same high-quality service and world-class Consultants, with same or next-day appointments at convenient locations. Each of the centres is supported by the multidisciplinary team at London Bridge Hospital, meaning patients can quickly and easily be referred back to the hospital if necessary.

London Bridge Hospital

London Bridge Hospital is one of the UK’s largest private hospitals, offering the latest medical procedures, utilising state-of-the-art medical technology and equipment. Our leading Consultants from London’s top teaching hospitals are all experts within their specialties. We are able to offer rapid assessment, diagnosis and treatment with high clinical outcomes and a unique Intensive Care back-up.

Professional standards

We are committed to the highest standards of care across the hospital, which is supported by a comprehensive quality assurance programme, regulated and inspected by the CQC and other internal and external audits.

We work hard to ensure that our high standards are met across all of London Bridge Hospital’s outpatient and diagnostic centres.

Convenient referral process

One referral is all it takes – our dedicated GP Liaison Team liaises with GPs, Consultants, their secretaries and the patient to provide a bespoke service for every patient. Once we have been contacted, we will take responsibility for booking appointments, briefing patients and being a point-of-contact for any follow-up. The Team is able to organise timely and convenient appointments across all of our outpatient centres.

Available from 8.00am-6.00pm, Monday to Friday, our GP Liaison Team provides GPs and patients with a quick and smooth referral process. Contact the GP Liaison Team on 020 7234 2009, or email gpliaisonlbh@hcahealthcare.co.uk.

Our services

We offer a comprehensive range of specialties across all of our outpatient centres, allowing patients to benefit from the expertise of a world-leading Consultant, at their chosen location, for diagnosis and treatment.

Specialties offered at our outpatient centres include:

- One-stop breast care clinics
- Cardiology
- Colorectal
- Cosmetic surgery
- Dermatology
- ENT
- Gynaecology
- Hand therapy
- IVF
- Maxillofacial surgery
- Neurology
- Neurophysiology
- Ophthalmology
- Orthopaedics
- Physiotherapy
- Respiratory medicine
- Rheumatology
- Sports medicine
- Sports rehabilitation
- Urology

Imaging

Patients at our outpatient centres benefit from the very latest techniques for non-invasive assessment, allowing accurate and rapid diagnosis through our state-of-the-art imaging facilities. Our multidisciplinary team works together to carry out in-depth consultations when assessing a patient’s requirements for treatment.

Imaging and scanning services available include:

- CT scanning
- MRI scanning
- X-ray scanning
- Ultrasound
- Cardiovascular testing, including echocardiography

Our locations

- Sevenoaks Medical Centre
- Docklands Healthcare
- City of London Medical Centre
- 120 Old Broad Street
- 31 Old Broad Street
- 51 Old Broad Street
- 71 Old Broad Street
- 91 Old Broad Street
- 112 Old Broad Street
- 245 Old Broad Street
A London Bridge Hospital Diagnostic and Treatment Centre

31 Old Broad Street
by Tower 42
31 Old Broad Street

31 Old Broad Street is our advanced private medical centre in the heart of the City, offering world-class facilities and the very latest in medical technology. The centre offers a complete range of diagnostic and treatment services, conveniently located for those working within the City of London. We understand that busy professionals have demanding schedules, which is why 31 Old Broad Street provides appointments at a place and a time to suit patients, without the anxiety and stress of multiple consultations and long waiting times.

31 Old Broad Street is unique in offering an advanced imaging service, including a state-of-the-art Siemens 3T Scanner. This higher resolution scanner aids in delineating small structures in the body, enabling improved diagnosis in brain conditions, as well as breast and prostate cancer.

Our advanced imaging capabilities also allow us to offer a complete orthopaedic service, using MRI scanning for sports injuries, musculoskeletal disorders and early detection of cartilage degeneration. Our dedicated, multidisciplinary team is experienced in providing patients with a seamless journey, from consultation and testing through to diagnosis and the formulation of a bespoke treatment plan.

Key services

3T MRI Scanning

We offer ground-breaking 3T MRI scanning on-site, allowing advanced diagnostic capabilities for a range of services. The magnet is twice the strength of a 1.5 MRI scanner, with increased image quality and resolution, and improved spatial and temporal resolution. Utilising this technology decreases scan times for patients, allowing for faster and more accurate diagnosis. The 3T MRI also helps to reduce the risk of patients moving, with a new movement correction sequence which ensures quality imaging for patients who struggle with keeping still for longer periods of time.

The 3T MRI scanner allows for improved imaging within core specialties, including:

- Orthopaedics – articular surface mapping and improved visualisation of water mapping within the cartilage enables early detection of cartilage degeneration.
- Brain imaging – high quality brain imaging allows improved diagnosis for brain cancers and injuries.
- Prostate spectroscopy – provides more detailed imaging as part of our prostate assessment service.
Orthopaedics and Sports Medicine

Our team at 31 Old Broad Street comprises leading orthopaedic specialists, with extensive experience in diagnosing and treating common and complex musculoskeletal conditions. Our Consultants provide rapid assessment, intervention and treatment for musculoskeletal trauma, degenerative diseases and sports injuries. A multidisciplinary team of sports physicians, Orthopaedic Consultants, imaging technicians and physiotherapists work collaboratively to provide an individualised patient care programme.

On-site diagnostic imaging at the centre, including X-ray and MRI scanning, and minimally invasive surgical techniques, which enables us to reduce diagnosis and recovery time for patients.

The Physiotherapy Team at London Bridge Hospital works closely with Consultants, offering a variety of services for patients, focusing on rehabilitation, education and regaining independence. Our specialist physiotherapists provide treatment for conditions within a number of areas, including:
- Back and spine
- Foot and ankle
- Hand and wrist
- Hip
- Knee
- Shoulder and elbow

Other services

31 Old Broad Street delivers a comprehensive range of clinical services, including:
- Breast surgery
- Digital mammography
- Foot and ankle clinic
- Genito-urinary medicine
- Hand and wrist clinic
- Imaging and X-ray
- Knee clinic
- MRI scanning
- Neurology
- Neurophysiology
- Rheumatology
- Sinus clinic
- Sports and exercise medicine
- Ultrasound
- Vascular

Location

31 Old Broad Street is located a short distance from Liverpool Street, Bank, Moorgate and Cannon Street.

Contact us

31 Old Broad Street, London EC2N 1HT
Tel: 020 7496 3522
Fax: 020 7496 3523
Email: 31oldbroadstreetlbh@hcahealthcare.co.uk
Web: www.31oldbroadstreet.co.uk

Other clinics and services:

- Sevenoaks Medical Centre
- Docklands Healthcare
- City of London Medical Centre
- 120 Old Broad Street
- 31 Old Broad Street
A London Bridge Hospital Diagnostic and Treatment Centre

120 Old Broad Street
120 Old Broad Street

Located centrally, and within close proximity to our centre at 31 Old Broad Street, 120 Old Broad Street has the same state-of-the-art facilities, whilst offering a range of specialties that complement 31 Old Broad Street, focusing on dermatology and women’s health.

Key services

**Dermatology**

Our Consultant Dermatologists have a wealth of experience in diagnosing and treating diseases of the skin, hair, nails and adjacent mucous membranes. As well as treating medical conditions such as acne, warts and psoriasis, our dermatologists are also skilled in cosmetic dermatology, treating scars and age-related skin deterioration.

Our Consultants use the latest evidence-based treatment techniques for a variety of skin conditions. Treatments for acne include controlled use of drugs, as well as the latest innovations in the use of intense light therapy.

We also offer cryosurgery, the liquid nitrogen treatment of various conditions, including verrucae and skin lesions such as seborrhoeic keratoses and actinic keratosis.

We offer comprehensive mole checks, skin cancer diagnosis and the management of chronic conditions such as eczema, as well as cosmetic surgery including chemical peel and removal of skin tags. We can perform the removal of lesions by surgical excision and the revision of scars, both under local anaesthetic.

**Gynaecology**

Our gynaecologists at 120 Old Broad Street offer a highly accessible service, with appointments available on a same or next-day basis. Our One-Stop Gynaecology Clinic is run by London’s most experienced gynaecologists, and is supported by a multidisciplinary team consisting of surgeons, radiologists, sonographers and nurses.
Gynaecology continued

A range of diagnostic tests can be performed alongside the initial consultation, reducing the need for second appointments and allowing for faster diagnosis. These include:

- Abdominal or transvaginal ultrasound
- Colposcopy
- Colposcopy and biopsy
- Hysteroscopy
- Insertion and removal of coil
- Loop Excision Transvaginal Zone (LETZ)
- Phlebotomy
- Pregnancy test
- Special swab tests
- Urine analysis
- Minor procedures, such as excision and biopsy of lesions under local anaesthetic

Other services

120 Old Broad Street delivers a comprehensive range of clinical services, including:

- Cardiology
- Dermatology
- ENT
- Gastroenterology
- Genito-urinary medicine
- Gynaecology
- IVF Clinic
- Neurology
- Oral and maxillofacial
- Plastic surgery
- Respiratory
- Urology

Location

120 Old Broad Street is located a short distance from Liverpool Street, Bank, Moorgate and Cannon Street.

Contact us

120 Old Broad Street, London EC2N 1AR
Tel: 020 7234 2895
Fax: 020 7374 6902
Email: 120obs@hcahealthcare.co.uk
Web: www.lbhoutpatients.co.uk
A London Bridge Hospital Diagnostic and Treatment Centre

City of London Medical Centre
City of London Medical Centre

Our City of London Medical Centre offers advanced medical facilities, conveniently located for patients working in the City and living in East London.

Our world-leading Consultants and medical staff provide the highest standards of clinical care in the Capital. Patients are able to access the right medical care at their convenience, as we offer appointments on a same or next-day basis wherever possible.

Key services

Dental X-ray

At City of London Medical Centre, we are able to provide dental imaging for patients as part of our already-extensive diagnostic imaging facilities.

Our on-site state-of-the-art technology allows us to carry out advanced dental X-ray scans, or Orthopantomograms (OPG). This scan gives a panoramic view of the mandible and teeth, and is performed using a technique called ‘tomography’. The scan generates an image slice where the mandible and teeth are in focus, and the other structures are blurred.

An OPG will be requested by a Consultant to assess patients with suspected dental diseases such as caries, periodontitis or periodontal abscesses. Information can also be obtained about the angulations, shape of roots and size of teeth prior to extraction (e.g. for the removal of wisdom tooth). The image allows the doctor to view fractures following trauma to the face and jaw, as well as to look at problems with the temporomandibular joints.
ENT
Our ENT specialists at City of London Medical Centre have experience in treating a broad range of diseases of the ear, nose and throat, including head and neck cancer. This includes treatments for nocturnal airway obstruction, sleep-related disorders and snoring problems. Should an alternative procedure to aid a sleep-related disorder be required, this can easily be arranged for your patient at London Bridge Hospital.

Thyroid problems can also be treated by our ENT team, using fine needle aspiration and ultrasound scanning.

Other services
City of London Medical Centre delivers a comprehensive range of clinical services, including:
- Dermatology
- Ear, nose and throat
- Gynaecology
- Hand therapy
- Neurology
- Ophthalmology
- Oral maxillofacial surgery
- Orthopaedics
- Radiology
- Rheumatology
- Sports and exercise medicine

Location
City of London Medical Centre is located near Tower Hill and Aldgate underground stations, and is in close proximity to Fenchurch Street station and Tower Gateway DLR station.

Contact us
City of London Medical Centre, 11-13 Crosswall, London EC3N 2YV
Tel: 020 7488 5060
Fax: 020 7702 2712
Email: info.colmc@hcahealthcare.co.uk
Web: www.lbhoutpatients.co.uk
Docklands Healthcare

Designed to meet the needs of the busy professionals of the Docklands and Canary Wharf community, Docklands Healthcare offers premium diagnostic and treatment services at an easily accessible location. We understand that busy work schedules leave little time for patients to attend appointments; as such, we offer appointments and consultations to ensure patients are able to benefit from our world-leading expertise at a time convenient to them.

Key services

Sports and Orthopaedic Services
Docklands Healthcare delivers a comprehensive range of Sports and Orthopaedic Services, including:
• Groin, hip, knee, ankle and spine problems
• High-performance replacement joints, arthritis and cartilage repair
• Knee and hip pain treatment, including arthroscopies
• Ligament tears and surgical reconstructions
• Tendinopathies (including autologous blood injections)
• Treatment of chronic and acute sports injuries resulting from marathons, triathlons and adventure sports.

Ultrasound-guided steroid injections
Our state-of-the-art ultrasound system can facilitate ultrasound-guided steroid injections for the symptomatic relief of sports injuries. During a simple 20-minute procedure, ultrasound is used to locate the area of inflammation, and a local anaesthetic is injected directly into the region under examination.

Ultrasound-guided steroid injections can be used to treat the following:
• Bursitis
• Osteoarthritis
• Rheumatoid arthritis
• Synovitis
• Tendinosis
• Tenosynovitis
Other services

Diagnostic imaging

We have a team of fully qualified radiographers, experienced in undertaking X-rays, ultrasound and MRI scans. Our imaging services include:

- General X-ray
- MRI scanning
- Ultrasound scanning

Our imaging service offers same or next-day appointments for patients, with images being provided directly to the patient after the scan. The scanned images are assessed by our team of specialist radiologists and all results are sent on to referring GPs or Consultants within 24-48 hours of the scan.

Contact us

Docklands Healthcare, 2 Upper Bank Street, Canary Wharf, London E14 5EE

Tel: 020 7516 1999
Fax: 020 7516 1996
Email: info@docklandshealthcare.co.uk
Web: www.lbhoutpatients.co.uk

Location

Docklands Healthcare is conveniently located at the side of the Clifford Chance Building, by the waterfront, and is a short walk from Canary Wharf tube station on Upper Bank Street.
Sevenoaks Medical Centre
Beadle House
Sevenoaks Medical Centre

Sevenoaks Medical Centre is our unique private consulting and treatment centre located outside of the Capital, offering an exceptional level of treatment and care for patients in Sevenoaks and the surrounding areas. Our patients benefit from the expertise of world-leading Consultants from London’s top teaching hospitals, supported by our fully-trained in-house medical team, providing a multidisciplinary approach to care.

State-of-the-art consulting rooms offer patients comfort and privacy for assessments and examinations, and treatment rooms allow Consultants and nurses to perform minor procedures on-site.

The Centre has access to diagnostic imaging services including X-ray, MRI, CT and ultrasound, enabling a rapid diagnosis without having to refer to the main hospital. Where further investigations, treatments or admissions may be necessary, the centre can easily arrange for referral to London Bridge Hospital.

Key services

Cardiology

Sevenoaks Medical Centre offers a full range of cardiovascular testing, including ECG and echocardiography, as well as ambulatory ECG monitoring.

Our highly experienced Cardiology Team can provide patients with comprehensive cardiac testing, and rapid results, including screening for heart rhythm problems, and the diagnosis of blackouts and strokes.

Physiotherapy

Sevenoaks Medical Centre works closely with local physiotherapy practices, offering a multidisciplinary range of services for prevention, education and rehabilitation. Working closely with our Sports Physicians and Orthopaedic Consultants, chartered physiotherapists offer a range of treatments and techniques and devise specific and individualised programmes.

Patients are assessed and treated using techniques including manipulation, mobilisation, massage, ultrasound, muscle biofeedback and stimulation.
Physiotherapy continued

Video analysis to assess the patient’s gait or running style aids in diagnosing sports injuries. Our physiotherapists specialise in treating sports injuries, both acute and chronic, offering rapid intervention and treatment for a range of conditions, including:
- Ante and post-natal conditions
- Back and neck injuries
- Chronic pain management
- Gynaecological dysfunction – pelvic floor, stress incontinence
- Headaches/migraines
- Muscle and joint pain
- Orthopaedic conditions
- Osteoarthritis
- Post-operative rehabilitation
- Repetitive Strain Injuries (RSI)
- Respiratory problems – pneumonia, bronchitis
- Rheumatoid arthritis
- Sports injuries
- Whiplash

Other services

Sevenoaks Medical Centre delivers a comprehensive range of clinical services, including:
- 360° Clinic
- Acupuncture
- Cardiology
- Chest Pain Clinic
- Dermatology
- Endocrinology
- ENT Surgery
- Gastroenterology
- General surgery
- Gynaecology
- Neurology
- Ophthalmology
- Oral and Maxillofacial Surgery
- Orthopaedics
- Paediatrics
- Physiotherapy
- Psychiatry
- Rheumatology
- Sports Medicine
- Urology
- Vascular services

Location

Sevenoaks Medical Centre is located on London Road, next to the Fire Station and approximately five minutes from Sevenoaks Rail Station.

Contact us

Sevenoaks Medical Centre, Beadle House, London Road, Sevenoaks, Kent TN13 2JD
Tel:
01732 775800
Fax:
01732 455919
Email:
info.smc@hcahealthcare.co.uk
Web:
www.lbhoutpatients.co.uk
Payment options

All of our Outpatient and Diagnostic Centres welcome patients who are self-paying, or sponsored by their company, organisation or embassy, as well as patients with private medical cover from all major insurance companies.

We offer a range of fixed-price packages for a wide variety of treatments and will be happy to provide a quotation. This means that from the outset, patients know what their hospital costs will be, avoiding any unexpected surprises later on.

Self-pay

Our pre-admission confirmation makes sure that the whole process is smooth and simple. We will tell you precisely what is included and what costs may be additional to your cover. Paperwork and administration are reduced due to our direct electronic links with the major medical insurers. To speak to our Self-Pay Team, call 020 7234 2948 or email selfpay.londonbridge@hcahealthcare.co.uk.

Patients should always check with their insurance company before embarking on any sort of medical treatment.

Contact us

Main switchboards
London Bridge Hospital
27-29 Tooley Street, London SE1 2PR
Tel: 020 7407 3100
Fax: 020 7407 3162
Email: info.lbh@hcahealthcare.co.uk
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Appointments
GP Liaison Department
Tel: 020 7234 2009
Fax: 020 7234 2019
Email: gpliaisonlbh@hcahealthcare.co.uk