

ONCOLOGY SERVICES

The highest quality care, for when timing is everything



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Introduction

London Bridge Hospital is a leading private healthcare facility, offering the highest standards of diagnosis and treatment in the Capital. Our reputation for excellence in Oncology Services has been established by our world-class Consultants, our state-of-the-art technology and medical facilities, and our unique patient-centric approach to care.

We are proud to have a team of Clinical Nurse Specialists, who have been trained to the highest standard in their field of expertise. Our nurses develop one-to-one relationships with patients and their families and help to navigate a smooth patient journey, from diagnosis through to treatment and post-surgical care.

Our approach enables us to take care of all patients' needs following a referral. With all clinical services at one convenient London location, we reduce the need for multiple appointments and deliver effective outcomes faster.

Convenient referral process

One referral is all it takes – our dedicated GP Liaison Department liaises with GPs, Consultants, their secretaries and the patient to provide a bespoke service for every patient. Once we have been contacted, we will take responsibility for booking appointments, briefing patients and being a point-of-contact for any follow-up. The Department is able to organise timely and convenient appointments at London Bridge Hospital and its Outpatient Centres. Available from 8.00am-6.00pm, Monday to Friday, our GP Liaison Team provides GPs and patients with a quick and smooth referral process. Contact the GP Liaison Team on 020 7234 2009.

For further information call +44 (0)20 7234 2009 or visit www.londonbridgehospital.com



Our Oncology Services

London Bridge Hospital's Oncology Unit is run by some of the UK's leading specialists in cancer and cancer-related conditions. Our established multidisciplinary team provide a comprehensive cancer service, from advanced diagnostics and testing, through to surgery, treatment and symptom management.

We provide a comfortable, relaxing and friendly environment for care, which can be tailored to suit the needs of our cancer patients. We also offer a full range of traditional services and complimentary therapies.

Medical and clinical oncologists from top London teaching hospitals provide treatment for all types of cancer, including:

- Breast
- Colorectal
- Gynaecological
- Haematological and lymphoma
- Head and neck
- Lung and thoracic
- Myeloma
- Pancreatic and hepatobilitary
- Skin
- Upper GI (Gastrointestinal)
- Unknown primary
- Urological



Our team

Consultants

When referring a patient to London Bridge Hospital, you are secure in the knowledge that your patient is being treated by one of the UK's leading oncology Consultants, all from London's top teaching hospitals. Our Consultants are globally renowned for their clinical expertise and innovative approach to diagnosis and treatment. Our service provides your patient with full access to the Consultant most appropriate for the particular condition.

Nurses

The oncology nurses at London Bridge Hospital are a highlyskilled and experienced team. The senior nurses have an academic post-registration qualification in cancer care. Nurses undertake regular clinical updates and annual competency assessments to ensure that their knowledge and practice is up to date.

Multidisciplinary team

Our Consultants and specialist nurses work with the wider team, including physiotherapists, oncology-trained pharmacists, dieticians, an occupational therapist, resident medical officers and a hospital Chaplain to provide a comprehensive care package.

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Our facilities

Our Oncology Unit comprises an inpatient ward, a newly-refurbished day-case treatment suite, an on-site laboratory and our world-renowned Imaging Department, enabling us to provide a wide range of diagnostic services to help determine the best possible treatment option for each patient.

Oncology Inpatient Ward

Our Inpatient Ward comprises 15 private rooms, some of which benefit from scenic river views, as well as four isolation rooms for patients undergoing autologous transplantation after chemotherapy.

There is also a comfortable waiting area available for visitors to use during the patient's stay.

Chemotherapy Day Unit

Our Chemotherapy Day Unit has recently undergone a major refurbishment, and forms part of LOC (Leaders in Oncology Care). The team at the Chemotherapy Day Unit treat and reassess

patients who are undergoing systemic anti-cancer treatments. The Unit is spacious and modern, and offers state-of-the-art chemotherapy technology.

The professional and highly-skilled team of senior nurses based at the Unit provide a supportive environment for all patients receiving chemotherapy and related treatments, such as hormonal therapy and immunotherapy.

The facility includes fully-equipped consulting rooms for outpatient consultations and a patient information area. All patients attending the Unit are offered a one-to-one session with a specialist nurse prior to starting their treatment.

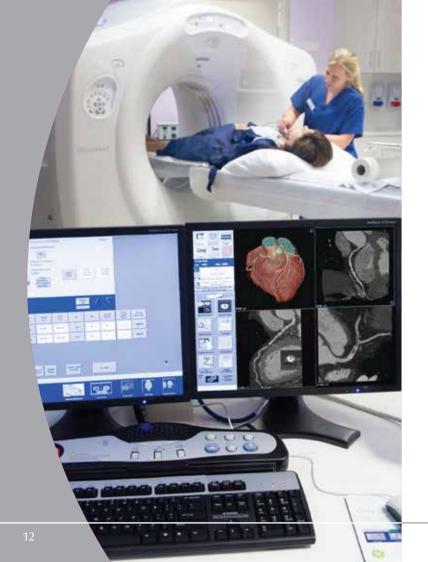
Pathology Department

The on-site pathology laboratory, complete with cutting-edge instrumentation and computerisation, provides a range of testing facilities with rapid turnaround times.

Imaging Department

Our Imaging Department provides a wide range of diagnostic services to help determine the best possible treatment option for each patient. Patients benefit from the latest technology, allowing quicker, non-invasive assessment and treatment, including MRI (including 3T and 1.5T Magnets), Digital Mammography, Ultrasound, lowest-dose 64-Slice CT Scanning and Nuclear Medicine.

We have expanded our use of Interventional Radiology (IR) devices for rapid diagnosis and minimally invasive treatment. These provide new opportunities for advanced cancer therapy.



Oncology diagnosis and treatment

Testing and investigation

The right testing and investigation plays a vital part in diagnosing cancer, and once the results are confirmed, our Consultants can plan a patient's treatment.

Tests may be arranged by the Consultant as part of a patient's outpatient consultation, or further tests will be organised to coincide with planned visits for treatment at the patient's convenience.

At London Bridge Hospital, we have the facilities to carry out a wide variety of tests, including:

- CT scans
- Mammograms
- MRI scans
- Nuclear Medicine
- Plain imaging
- Ultrasound

We have access to a wide range of state-of-the-art scanning equipment, including a PET CT Scanner, across all of HCA's world-leading hospitals.

Genetic counselling

Most cancers occur by chance; however, a small number of families have an inheritable risk for certain types of cancers. At London Bridge Hospital, we offer a counselling service providing individuals and families with a personal and/or family history of cancer with the following:

- An opportunity to discuss their concerns
- Answers to their questions regarding their cancer risks and genetic tests
- Assessment of their individual cancer risk
- An opportunity to discuss available options to manage these cancer risks with and without a genetic test.

Should a genetic test be available to determine the cause of cancers in a family, the advantages and disadvantages are discussed with the individual seeking advice to determine whether such a test is appropriate. If a genetic test is performed, blood will be taken and sent to a specialized laboratory, with results usually available within six weeks.

Procedure for testing and investigations

All tests are carried out on-site, within the various departments of the hospital. In most cases, the test results will be discussed with the patient at a follow-up outpatient appointment or over the telephone.

Samples taken from patients (blood, biopsies, aspirates, etc.) are analysed in our state-of-the-art on-site laboratory, by our highly qualified Pathology Team.



Oncology diagnosis and treatment continued

Treatment options

Our multidisciplinary team will meet to discuss the best treatment options for each patient in their care. They take into account all of the relevant factors affecting each patient, including the results of any tests and the patient's general health.

Our Consultants will discuss the different treatment options available, taking into account each patient's own preferences. Before a patient is required to make a decision about treatment, they will be fully informed as to what each treatment involves. It is our aim to ensure that each patient is given all of the relevant information about their treatment, and our Consultants are always happy to answer any questions that they may have.

Surgery

Some types of cancer can be treated with surgery. If surgery forms part of your patient's treatment, they will be admitted to hospital, either as a day case patient, or for a longer inpatient stay.

Before surgery, each patient will be assessed to determine their suitability for anaesthetic and surgery.

Chemotherapy

Chemotherapy is administered to a patient in order to destroy or control cancer cells. Treatment may be given as a single drug or as a combination therapy. The aim of the treatment will depend on the type of cancer and how advanced it is. This will also dictate whether the patient is treated as a day case patient or an inpatient.

All patients are asked to attend a pre-chemotherapy assessment with a specialist nurse, to be given details of the methods of administration and possible side effects of the treatment.

Radiotherapy

The decision as to whether to use radiotherapy and which type of radiotherapy to use, is made on a patient-by-patient basis. Different tumour types respond to radiotherapy in different ways, so all patients require an individualised treatment plan.

At London Bridge Hospital, we have access to state-of-the-art radiotherapy facilities across HCA's leading London hospitals. Our Consultants will see each patient in an outpatient facility before making further arrangements for treatment.

Cancer information

A range of information relating to each patient's cancer type and treatment is available in verbal, written and electronic formats, and will be given to the patient at appropriate times. All specific drug information is taken from Macmillan.



Our support teams

As part of our multidisciplinary approach to care at London Bridge Hospital, our Oncology Services work closely with the wider team across the hospital, including:

- A team of oncology pharmacists and technicians, who reconstitute the chemotherapy in a sterile unit on-site, as well as providing advice regarding treatments and related side effects.
- A team of specialist Oncology Resident Medical Officers, who work across the inpatient and day units
- Three Breast Care Clinical Nurse Specialists,
 who provide support for patients from diagnosis
 through to treatment and follow-up. In conjunction
 with ex-patients, our Breast Care Clinical Nurse
 Specialists run a monthly support group, Pink
 Buddies, to provide support for patients dealing
 with breast cancer.
- A Haematology Clinical Nurse Specialist, who works closely with Consultants to support patients undergoing autologous stem cell transplants and other haematological treatments.

- A Palliative Care Clinical Nurse Specialist, who provides symptom management, counselling and support and help with the transfer of patients to community palliative teams or hospices.
- Dieticians, who provide specialist nutritional advice and support to patients undergoing cancer treatments.
- An **inpatient physiotherapist**, who is available to see day cases on request.
- A Clinical Psychologist, who provides counselling for cancer patients.
- A complementary therapist, who offers reflexology and massage within the Chemotherapy Day Unit and in inpatient rooms.
- A hospital **Chaplain**, who is able to visit patients during the week and can offer Holy Communion to patients.

For further information call +44 (0)20 7234 2009 or visit www.londonbridgehospital.com



Other services

Complementary therapy

Patients may choose to use complementary therapies to assist with side effects of their cancer treatment and to increase their overall sense of wellbeing.

Complementary therapies are used alongside conventional medical treatments, differing from alternative therapies, which are used instead of conventional medical treatment.

Complementary therapies offered within the Chemotherapy Day Unit or in inpatient rooms include:

- Massage
- Reflexology

Support/counselling

A diagnosis of cancer can be traumatic. We provide a Palliative Care Clinical Nurse Specialist who offers counselling, support and assistance when a patient is referred to community palliative teams or hospices, as well as a Clinical Psychologist, who is able to provide counselling on a more formal basis.

The aim of palliative care is to achieve the best possible quality of life for a person with a terminal illness. It also provides a support system for family and carers. The service acts as a direct link for the continuing care of our patients in the community by liaising with local palliative care services.

At London Bridge Hospital, our Palliative Care Service provides counselling, support and help with the transfer of patients to community palliative teams or hospices with the support of a Consultant in Palliative Medicine.



International patient care

At London Bridge Hospital, we appreciate the role that comfort has to play in a patient's care. We offer an exceptional private healthcare service dedicated to caring for patients and visitors from all over the world. We are experienced in meeting the cultural needs of overseas patients, providing specialist menus, foreign language TV and translation services. Our specialist International Department also makes it easy for overseas patients to attend our clinics, including assisting and arranging transport to and from the hospital. Further services for visitors and patients' relatives include arranging transport both to and from the hospital and/or airport, and locating suitable accommodation.

Contact us

For further information and appointments, please contact us on:

Tel: +44 (0)20 7234 2459

Fax: +44 (0)20 7234 2258

Email: mohammed.hashem@hcahealthcare.co.uk



Contact us

For more information about Oncology Services, please visit our website at www.londonbridgehospital.com or contact:

GP Liaison Department

Tel: +44 (0)20 7234 2009

Fax: +44 (0)20 7234 2019

Email: info.lbh@hcahealthcare.co.uk

London Bridge Hospital

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How to find us:

London Bridge Hospital is situated on the South Bank of the Thames. We are next to London Bridge mainline and underground stations with easy access to the City. Please note: no right hand turn from Borough High Street into Duke Street Hill.









