



London Bridge Hospital

## ONE STOP DIAGNOSTIC CARPAL TUNNEL CLINIC

**Carpal Tunnel Syndrome is one of the most common conditions affecting the hand in the general population.\***

This syndrome usually causes symptoms of pain, pins and needles and numbness in the fingers and hand, often worse at night. There are, however, a number of other potential causes for such symptoms. The successful treatment of this troublesome condition is therefore dependent on an accurate diagnosis, and confirmation of that diagnosis using specialised nerve studies known as 'nerve conduction studies' and 'EMGs'.



At London Bridge Hospital, we offer patients the opportunity to see a Consultant Hand Surgeon and Consultant Neurophysiologist in a single appointment.

A clinical assessment and nerve studies can be carried out during one appointment. This should enable the diagnosis of Carpal Tunnel Syndrome to be confirmed or discounted in the vast majority of patients, and the appropriate treatment to be planned.

Where Carpal Tunnel Syndrome is not found to be responsible for the patient's symptoms, all appropriate further tests and treatments will still of course be available, as well as referral to hand therapists or other specialists where necessary.

#### **CONTACT:**

For more information on our One Stop Diagnostic Carpal Tunnel Clinic or for assistance with Consultant referrals, please contact our GP Liaison Team on:

Telephone: **020 7234 2009**

Fax: **020 7234 2019**

Opening hours:

**Monday-Friday, 8.30am – 6.00pm**