Consultants Haematologists
Dr Savita Rangarajan & Dr Raj Patel
Regular Consulting Hours:
Wednesday evenings
Thursday evenings
For Appointments please contact the
GP Liaison Department on, 0207 234 2094

Savita Rangarajan MRCP,MRCPath
Dr Savita Rangarajan is a Consultant Haematologist at the Centre for Haemostasis & Thrombosis based at Guy’s & St Thomas’ Hospital NHS Foundation Trust. Expertise with acquired and inherited bleeding disorders such as Haemophilia, Von Willebrand disease, platelet disorder and rare coagulation factor deficiencies.

Raj Patel MD,MRCP,MRCPath
Dr Raj Patel is a Consultant Haematologist Specialising in Thrombosis and Haemostasis at King’s College Hospital. He has a major clinical and research interest in venous thrombosis (DVT/PE), anticoagulation thrombophilia and thrombotic liver disease.

How to find us: London Bridge Hospital is situated on the South Bank of the Thames. We are next to London Bridge mainline and underground stations with easy access to the city. Please note: no right hand turn from Borough High Street into Duke Street Hill.

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Treatment of DVT involves taking medications that reduce the ability of blood to form further clots (‘anticoagulation’). This includes both a short course of injections (heparin) and a longer course of anticoagulant tablets (warfarin), both of which may be taken at home. Warfarin is usually taken for a 3-6 month period and requires regular blood monitoring. Compression stockings are often worn following DVT in order to reduce the likelihood of Post Thrombotic Syndrome.

Air travel and DVT

It is now recognised that air-travel (particularly long haul flights) increases the risk of DVT. This is particularly likely to occur in passengers who have other risk factors for DVT (eg pregnancy, recent surgery, obesity, hormone treatments, thrombophilia, previous DVT). For the majority of passengers, common-sense measures such as in-flight exercise and avoidance of dehydration are sufficient to prevent DVT. For high-risk patients the use of compression stockings and/or anticoagulant medications may be considered.

Excessive Bruising or Bleeding

Repeated episodes of easy bruising or excessive bleeding may occur as the result of an underlying bleeding disorder. In some cases, excessive bleeding may only occur following dental extractions, surgical procedures or physical trauma. In other cases, there may be a history of excessive menstrual bleeding or recurrent epistaxis. Such patients should be thoroughly investigated for abnormalities of the blood clotting system (eg Von Willebrand Disease, clotting factor deficiencies) and for platelet abnormalities.