

Registered dietitians are uniquely qualified to translate scientific information about food into impartial, practical dietary advice.

If you are unsure as to whether you need to see a dietitian ask your Doctor or contact the dietetic department directly.

Inpatient Services:

Telephone: 020 7407 3100 ext 2359
or ask for bleep 29 or 78

Outpatient Services:

Telephone: 020 7407 3100 ext 2282
or ask for bleep 90

If you have medical insurance you should always check with your insurer that you are covered before embarking on any form of medical treatment.





How to find us: London Bridge Hospital is situated on the South Bank of the Thames. We are next to London Bridge mainline and underground stations with easy access to the City. Please note: No right hand turn from Borough High Street into Duke Street Hill.

London Bridge Hospital

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Telephone 020 7407 3100

Fax 020 7407 3162

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Website www.londonbridgehospital.com





London Bridge Hospital

DIETITIAN
Inpatient &
Outpatient Services



Diet and nutrition are an integral part of preventing disease and maintaining optimum health. With an increased public awareness more people are taking an interest in and responsibility for their personal wellbeing.

Registered dietitians have the professional knowledge and experience to assess nutritional needs and to recommend appropriate nutritional treatments to help ensure a positive effect on patients nutritional status, aid the recovery process, control symptoms and improve wellbeing.

London Bridge Hospital Dietetic Department consists of three qualified Registered Dietitians who hold current registration with the Health Professions Council and are members of the British Dietetic Association. Dietitians work within their professional code of conduct and in doing so are committed to providing a quality service to clients, carers and colleagues. They are a key part of the healthcare team.

REFERRAL PROCESS:

The dietetic service is available for all inpatients and outpatients on a referral basis. London Bridge Hospital and its dietitians are recognised by most major medical insurance companies. Referrals are accepted in writing by a Consultant or GP (with consulting rights). GP and self referrals are welcome but please note that consultations may not be covered by your medical insurance company. Self paying clients are also accepted.

INPATIENT SERVICE:

Working closely with the multidisciplinary team, the specific nutritional requirements of referred inpatients are individually determined. Appropriate dietary regimens are implemented to ensure that the nutritional care available to them is optimal, both during their hospital stay and at home.

OUTPATIENT SERVICE:

The full-time Outpatient Dietitian offers a flexible outpatient service throughout the working week, with clinic times between 8am-8pm. For more information about this service please contact the Outpatient Dietitian. Telephone: 020 7407 3100 ext 2282 or bleep 90.

A dietitian can offer expert nutritional advice on the following specialities:

- Allergy
- Anaemia
- Bloating / abdominal discomfort
- Cancer
- Constipation
- Critical Care
- Diabetes
- Dysphagia (swallowing difficulties)
- Eating disorders
- Gastrointestinal disorders
- Gout
- Gynaecological disorders (PCOS)
- HIV / AIDS
- Hyperlipidaemia (High blood fats)
- Heart disease and high blood pressure
- Inflammatory bowel disease (IBD)
- Irritable bowel syndrome (IBS)
- Kidney disease
- Liver disease
- Malnutrition
- Neurological disorders (Stroke, MND etc)
- Pre / post operation
- Vitamin and mineral deficiencies
- Weight gain
- Weight loss