



# London Bridge Hospital

## WELCOME

Please take the time to read this guide as it contains important information about:

- GETTING READY FOR YOUR OPERATION
- AFTER YOUR OPERATION
- USEFUL TELEPHONE NUMBERS...

## GETTING READY FOR YOUR OPERATION:

You will see a member of staff from the accounts team. They will check your admission and account details with you.

You will then be sent up to the appropriate ward area, where you will be greeted by a member of the nursing team. They will show you to your room or bed space.

A nurse will complete the admission process with you. This will include: confirming your identity, completing paperwork, asking you questions about yourself and your health, (this is made shorter if you complete the Self Assessment Booklet), taking your blood pressure, pulse and temperature.

You will be given two hospital identity bracelets with your name and details on it. If you are allergic to anything such as some food, types of medication or latex please tell your nurse and a red allergy bracelet will be added.

You will be asked to wear a cotton hospital gown.

You will see your surgeon and/or anaesthetist prior to your procedure. Feel free to ask any questions at this time. You will then sign a consent form, unless you have already done so in your outpatient's clinic. You will be given a copy of the consent form for your own records by your consultant or nurse.

If you are having an operation on a particular part of the body this may be marked by the surgeon at this time.

The nurses will check your personal details again before taking you to the operating theatre.





# London Bridge Hospital

## AFTER YOUR OPERATION:

If you have had a general anaesthetic you will initially be taken into the recovery area, where you will start to wake up. Here your pulse and blood pressure will be measured regularly and a nurse will be with you throughout. You will then be returned to the ward area.

The recovery period varies from individual to individual and could take from one – six hours. If you are a day case the nursing staff will advise you when it is safe to leave.

Before you are discharged home, you will have a light refreshment, be up and walking around, and have passed urine.

If you have had a local anaesthetic you will be taken straight back to the ward area after your procedure has finished. You will be offered refreshments before making your journey home.

## Copies of Test Results

After discussing the results of any tests such as radiological exams and blood tests carried out during your stay with your consultant, you are entitled to request a copy from the ward staff.

## USEFUL TELEPHONE NUMBERS

Main Reception	020 7407 3100
Reservations	020 7234 2942
Patient Accounts	020 7234 2949/2948/2854
Catering	020 7234 2042
Second Floor	020 7234 2271 / 2530 / 2249
Third Floor	020 7234 2350 / 2349
Fourth Floor	020 7234 2430 / 2431
Fifth Floor	020 7234 2550 / 2549 / 2571
Intensive Care Unit	020 7234 2113
Intensive Care Unit (2)	020 7234 2011
Day Surgery Unit	020 7234 2581 / 2631
Middle-East Department	020 7234 2459
X-Ray	020 7234 2558 / 2773
Outpatients	020 7234 2107 / 2122
GP Liason	020 7234 2009

