



London Bridge Hospital

Contact Us

For timely, convenient referrals,
call the GP Liaison Team:

GP Liaison Department

Tel: +44 (0)20 7234 2009

Email: gpliaisonlbh@hcahealthcare.co.uk

London Bridge Hospital

27 Tooley Street, London SE1 2PR

Tel: +44 (0)20 7407 3100

Web: www.londonbridgehospital.com

HCAHospitals
World-Class Healthcare

London Bridge Hospital is a trading name of HCA International Limited. Registered in England and Wales No. 03020522. Registered address: 242 Marylebone Road, London NW1 6JL



V1/03/14



London Bridge Hospital



PRIVATE
HEALTHCARE
EXCELLENCE



London Bridge Hospital

As one of the largest private hospitals in the UK, London Bridge Hospital provides the highest standard of clinical expertise and nursing care. Using the latest technology, clinical and nursing expertise and advanced hospital facilities, we attract world-class doctors and surgeons from leading London teaching hospitals.

We provide rapid assessment, intervention and treatment for numerous common and complex conditions. Patients receive customised, individual care. This has made London Bridge Hospital the hospital of choice for GPs, Consultants and patients.

Founded in 1986, the hospital occupies a commanding position overlooking the River Thames and Tower Bridge, and is situated in a convenient, central London location, with easy access to the City and surrounding Home Counties.

Why make referrals to us?

Recognised medical expertise

- Leading specialists from top teaching hospitals
- Rapid assessment, diagnosis and treatment
- World-class specialist medical centres

Advanced treatment services

- Management of chronic and acute problems
- Pioneering clinical services
- State-of-the-art medical technology

High quality private care

- Extremely low infection rate
- International patient care
- Privacy, dignity and respect

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk



Medical excellence

World-class medical centres

At London Bridge Hospital, we run specialist medical centres, globally renowned for their success in assessing and treating common, complex and acute conditions. We work with Consultants from London's leading teaching hospitals, including Guy's & St Thomas', St Bartholomew's and King's College Hospitals to provide top quality medical care.

We have five conveniently located outpatient centres within London and the South East, allowing patients easier access to rapid appointments. Our centres are located at:

- 31 Old Broad Street
- 120 Old Broad Street
- City of London Medical Centre
- Docklands Healthcare
- Sevenoaks Medical Centre

24-hour medical backup

Highly skilled teams deliver first-class clinical and nursing cover, 24 hours a day, 7 days a week:

- 16 Critical Care beds staffed by experienced and qualified Critical Care Nurses
- Critical Care Resident Medical Officer
- Consultant Intensivist support
- Surgical Resident Medical Officer
- Theatre Team and Resuscitation Team
- Radiology and Pathology Service
- Medical Admissions Service
- Pharmacist cover
- Anaesthetic Practice Group on call.

Outpatient services

The hospital's Outpatient Department provides access to experienced Consultants with expertise in all medical areas. Our facilities allow us to deliver advice, diagnosis and treatment across

many specialties, extremely quickly. With extended outpatient hours, from 8am to 8pm, our aim is to offer a professional service which is both convenient and accessible from one location.

Clinical Nurse Specialists (CNS)

We have a team of Clinical Nurse Specialists who have been trained to the highest standard in their field of clinical expertise, in areas such as:

- Arrhythmia
- Breast care and lymphoedema
- Cardiology and cardiac rehabilitation
- Liver transplant
- Palliative care
- Spinal surgery
- Urology.

Clinical Nurse Specialists develop one-to-one relationships with patients and their families and, as the main point of contact, help to navigate a seamless patient journey throughout treatment.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk

Highest clinical standards

London Bridge Hospital is committed to the highest quality standards of medical excellence. This commitment is supported by a comprehensive quality assurance programme, with standards continually monitored through rigorous internal and external audit.

Our priority is to ensure that all patients are cared for in a way that is safe, effective, efficient and fair, and we strive to provide high-quality services to meet our patients' needs. The accreditations we have been awarded, and those we are currently working towards, reflect our dedication to providing world-class healthcare.

Infection control

All of our overnight patients are nursed in single occupancy en suite rooms to reduce the risk of infection. Our infection rates are extremely low – this is something we are very proud of and make every effort to maintain.

London Bridge Hospital also participates in the Public Health England surgical surveillance for infections for total hip and knee replacements, coronary artery bypass grafts, total abdominal hysterectomies and spinal surgery. Our rates are compared to other healthcare facilities, which allows us to ensure our high standards and low infection rates remain better or comparable to other hospitals offering the same services. We encourage all of our patients to attend the facility for pre-admission screening to ensure that MRSA is kept out of our hospital. If a patient is found to be a carrier of MRSA, we take all possible precautions to ensure the risks to them and other patients are minimised by implementing strict precautions.

London Bridge Hospital undertakes an extensive in-house audit programme to ensure that the highest standards of cleanliness and safety standards are met and maintained. All patient rooms receive a comprehensive clean between each discharge of one patient and the admission of the next.

Accreditations, Audits and Awards

Accreditations

We were the first independent hospital to submit cardiac surgery data to the Society of Cardiothoracic Surgeons of Great Britain and Ireland database. We are regulated and inspected by the Care Quality Commission (CQC) and accredited by CHKS. This is a quality management process enabling healthcare organisations to examine themselves critically against a nationally recognised framework of organisational standards.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk

We are accredited and inspected by the following institutions:

- **Care Quality Commission**
- **Human Tissue Authority for Solid Organ Transplants, Stem Cells and Tissues Implantation**
- **CHKS**
- **CPA LABS**
- **ISO CSSD**
- **IIP.**



Presently, we are working towards the JACIE accreditation for haematology medicine. The primary aim of this is to promote high-quality patient care and laboratory performance in haematopoietic stem cell collection, processing and transplantation centres through an internationally recognised system of accreditation.

JAG Accreditation

We are working towards gaining our Joint Advisory Group (JAG) accreditation, which ensures the

quality and safety of patient care by defining and maintaining the standards by which endoscopy is practiced, and is recognised by the Care Quality Commission.

This will place our endoscopy services in the top 5% of accredited providers in the country. The rigorous assessment process requires successful teams to meet the JAG standards in 15 categories, including patient satisfaction, complication rates and management of the department and equipment.

We work closely with other institutions, such as HSE and Public Health, to ensure we constantly meet and exceed national standards.

Audits

To promote continuous development of the highest possible standards in healthcare, we carry out the following audits:

- **CARDIOLOGY BSIS, TAVI, PACEMAKER, RF, RFA, CORONARY ARTERY BYPASS GRAFTS**

- **ICNARC- ITU – OUTREACH**
- **Mattress and bed audits**
- **Patient reported outcome measures**
- **National audits, blood transfusion (Tonsillectomy)**
- **NCEPOD**
- **NJR**
- **Pressure ulcers**
- **PROMS**
- **Spinal outcomes**
- **Key performance indicators.**

Documentation audits

At London Bridge Hospital, we value clinical audits as a means to improve the care we provide for our patients. We work hard to ensure that we are measuring the quality of the care we provide, and that we use this information to improve our services; as such, we continually carry out audits throughout the year.

Awards

Laing and Buisson Award

London Bridge Hospital is proud to hold a prestigious Laing and Buisson Award for excellence in the 'Best Medical Practice' category.

Investor in People Status



The hospital has achieved Investor in People Silver Status, an internationally recognised standard for the training and development of staff, and Clinical Pathology Accreditation (CPA) for our pathology facilities.

BUPA Accreditation – Breast, Bowel and Gynaecology

We currently have both BUPA Breast and BUPA Colorectal accreditations, and are currently working towards BUPA Gynaecological accreditation.

We are also part of the HCA Cancer Network.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk



Patient satisfaction

We are continually striving to improve our service and care, and any comments and feedback help us to do this. As part of this, we carry out regular patient satisfaction surveys, and hold patient forums quarterly throughout the year in order to compile feedback from patients, as well as to facilitate knowledge transfer between the hospital and our patients. This is important in order to retain an expert clinical research workforce within London Bridge Hospital, and to facilitate high-quality research for the benefit of our patients.

Our quality monitoring has seen positive results, with a recently patient satisfaction survey showing that 85% of patients are clearly satisfied with their operation or treatment at the hospital, and previous data showing a further 99% would recommend London Bridge Hospital to their family and friends.

Enhanced care

Multi-faith chaplaincy service

As part of our high-quality, holistic approach to care at London Bridge Hospital, Spiritual Care is provided for patients by the Hospital Chaplain, Gillian Garman. In this role, Gillian has permission to officiate from the Diocese of Southwark, part of the Church of England. She is happy to visit patients of any faith or none, and is able to administer Holy Communion on request.

Supporting charities

London Bridge Hospital supports a number of charities, including local charity, Connect. Connect supports and cares for people with aphasia; a communication disability that usually occurs after a stroke or brain injury. Since fundraising for Connect, the hospital has raised over £4000 through a variety of fundraising events.

The hospital actively supports a number of other charities, including MacMillan Cancer Care through as well as The Haven, Pink Buddies, Breast Cancer Campaign and Cancer Research. The hospital is involved with supporting the Wellbeing of Women Christmas Fair and the Big Toe Charity Ball supporting Cancer Research.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk



Efficient clinical services

One-stop services

In many cases, patients can receive consultations, procedures and treatment on the same day, at the same central London location. This is available as an outpatient or day-case surgery, with fast follow-up appointments to discuss results.

Day Care Unit

The newly-refurbished Day Care Unit currently has 24 beds. A wide range of surgical, endoscopy and pain-management procedures are carried out, which include orthopaedic, gynaecological, colorectal and general surgery. A new state-of-the-art operating theatre is often utilised for our surgical cases and the adjoining endoscopy suite ensures a swift and straightforward patient journey. The nursing team in the Day Care Unit is

highly valued by Consultants for their efficiency, professionalism and flexibility, and they regularly receive excellent feedback from patients.

Urgent Medical Admissions Service

An Urgent Medical Admissions Service is available for patients needing quick, general medical opinion. Available 24 hours a day, 7 days a week, it offers access to six Consultants on an on-call basis. Simply call **020 7407 3100** and ask for the Medical Admissions Service – the Consulting Physician will assess and, if necessary, admit the patient.

Pharmacy Service

The Pharmacy Service at London Bridge Hospital is committed to providing a first-class pharmaceutical service for patients, nurses and Consultants. We offer a comprehensive service including clinical

ward visits, dispensing and information. We have dedicated clinical pharmacists and technicians for each floor in addition to our specialist pharmacists in outpatients, oncology, infection and critical care.

The work of the Pharmacy Service encompasses a wide range of areas, including:

- Advice on correct usage of medication
- All UK private outpatient prescriptions
- Cytotoxic reconstitution
- Daily ward rounds
- Discharge medication counselling
- Inpatient prescriptions
- Medicines' information and patient advice
- Over-the-counter sales for non-prescription medicines.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk

Latest imaging

The Imaging Department uses the latest technology for quicker, non-invasive assessment and treatment. These include MRI (3T and 1.5T Magnets), Digital Mammography, lowest-dose 64-Slice CT scanning, ultrasound and Bone Densitometry. The latest additions to our facilities include:

3T MRI Scanner

We are very pleased to have added a 3T MRI scanner to the six 1.5 T units we operate across the hospital. This latest addition will allow us to provide prostate spectroscopy as part of a prostate assessment service, as well as allowing excellent imaging for diagnosing orthopaedic disorders, including articular surface mapping. It also enables us to obtain significantly improved brain images, and our well-equipped Imaging Department is able to offer patients rapid access to MRI scanning, with same day appointments in many cases.

CT/SPECT

The Nuclear Medicine Department has recently invested in a CT/SPECT unit, replacing the gamma camera. This new unit combines the anatomical imaging of CT scanning, with the functional imaging of nuclear medicine, providing a powerful diagnostic tool. The machine is valuable in sports medicine, allowing very precise localisation of small fractures

or other abnormalities, and has also enhanced capabilities in combined cardiac imaging, mixing structural calcium scoring from CT with functional cardiac mapping from nuclear medicine.

Interventional Radiology

We have expanded our use of Interventional Radiology (IR) for rapid diagnosis and minimally invasive treatment. These provide exciting opportunities for advanced cancer therapy, fibroids treatment, venous access, spine interventions, arterial interventions and non-invasive assessment of other medical conditions.

Other advanced imaging

Other advanced imaging devices are now available at London Bridge Hospital. For more details on these and other imaging services, see reviews of each of our specialist medical centres within this brochure.

For timely, convenient referrals, call the Imaging Services Department: +44 (0)20 7234 2773 or email lbh.imaging@hcahealthcare.co.uk



Latest technology

We pioneer new surgical and diagnostic techniques, and continually upgrade our state-of-the-art technology to ensure that doctors always have access to the best possible treatment options. Some of the latest technologies and techniques available at London Bridge Hospital are:



TAVI

Our Cardiology Unit offers Transcatheter Aortic Valve Implantation (TAVI) to treat patients who would be at high risk during standard cardiac surgery. TAVI allows aortic valve implantation without the need for a sternotomy or cardiopulmonary bypass.

Sensei™ Robotic Catheter System

We were the first private hospital in the UK to use the first generation Sensei™ Robotic Catheter System, which gives surgeons accurate and stable control of catheter movement during complex cardiac procedures.

London Liver Centre

The London Liver Centre has been a leader in this sector for over 20 years and has an international reputation for the advanced techniques developed and perfected in many areas of liver-related medicine.

The centre has a portfolio of excellence in hepato-pancreato-biliary surgery, Hepatology and living donor liver transplantation. We provide a comprehensive clinical programme with an integrated investigations and treatment service for acute and chronic liver disease.

Both routine and emergency cases are accepted as inpatients and outpatients for liver transplantation, liver and pancreatic intensive care and Hepatology (including investigation and treatment of fatty liver, primary liver cancers and Hepatitis B and C virus infections).

Intraoperative cell salvage

London Bridge Hospital is one of the first hospitals in the country to use intraoperative cell salvage, which employs an extensive range of techniques to reduce bleeding and avoid unnecessary blood transfusions by recovering and recycling a patient's own blood.

London Bridge Hospital was the first hospital in the private sector to pioneer:

- The first minimally invasive mitral valve repair
- The first Hansen Robot™ used for ablation in a private hospital
- The first dual ablation procedure for arrhythmia
- The first 'hybrid' cardiovascular laboratory in the private sector.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk



Cardiology Unit

The Cardiology Unit at London Bridge Hospital works with leading cardiac specialists and surgeons, carrying out a comprehensive range of invasive and non-invasive cardiology procedures, including:

- 24-hour and long-term ECG monitoring
- Blood pressure monitoring
- Tilt table testing
- Echocardiography
- Stress echocardiography
- Pacemaker and ICD Implantation
- Cardiac angiogram and angioplasty
- Electrophysiology studies and ablation for arrhythmias
- Cardiac resynchronisation therapy for heart failure

The Unit is recognised as one of London's most successful, with a reputation for excellence in cardiac care. Our team treat a range of arrhythmias including atrial fibrillation, and specialise in heart failure treatment. Our experienced clinical physiologists also offer patients a 24-hour Pacemaker and ICD clinic.



Cardiothoracic Unit

The Cardiothoracic Unit carries out a range of specialist cardiac surgical procedures, working with leading clinical Consultants.

Cardiothoracic surgery

The speciality of cardiothoracic surgery is dedicated to surgery of the chest, including procedures such as coronary artery bypass. This, along with most other cardiothoracic procedures, takes advantage of our clinical perfusion facilities.

Pioneering perfusion programme

A skilled perfusionist controls equipment that supports or temporarily replaces the patient's heart and lung function during surgery. We were the first private UK hospital to use platelet mapping for perfusion, and no other private UK hospital offers a more integrated academic and clinical perfusion programme. Other advanced technologies we use include:

- Advanced tissue sealants
- Coagulation analysers
- Completely biocompatible surfaces on all perfusion circuits
- Intraoperative cell salvage.



Respiratory Pulmonary Centre

London Bridge Hospital has a dedicated respiratory/cardiac assessment unit, providing, safe testing of lung function and cardiopulmonary diagnostics. We assess and treat a range of conditions, including asthma, COPD, bronchiectasis, tuberculosis, pneumonia, lung cancer and interstitial lung disease. Investigations include full lung function testing, cardiopulmonary exercise testing and bronchial challenge testing.

Sleep Centre

Our specialist Sleep Centre comprises a team of neurologists and sleep physiologists, experienced in diagnosing and treating sleep disturbances including sleep apnoea, snoring, nocturnal epilepsy, insomnia, narcolepsy and parasomnias.

Tests available include:

- Overnight oximetry
- CPAP titration tests
- Polysomnography (PSG)
- Multiple sleep latency tests (MSLTs).



Endoscopy and Gastroenterology Unit

The Endoscopy and Gastroenterology Unit prides itself on providing a rapid, streamlined service. Equipped with the latest technology, the unit can provide a minimally invasive alternative to surgery through innovative clinical services, such as the first fully integrated Pelvic Floor Assessment Unit. Endoscopy services include colonoscopy, gastroscopy, Endoscopic Retrograde Cholangio-Pancreatogram (ERCP), neurogastroenterology and Endoscopic Ultrasonography (EUS). We are the first private hospital in the south of England to use Endobronchial Ultrasound (EBUS) fine needle aspiration. Other specialist techniques include:

- Anorectal physiology
- Bravo pH monitoring
- High resolution oesophageal manometry
- Single balloon enteroscopy
- Video capsule endoscopy.



Oncology Unit

The Oncology Unit, which comprises an inpatient ward and a day-case treatment suite, specialises in diagnosing and treating cancer. With access to renowned surgeons, medical and clinical oncologists and interventional radiologists, it provides comprehensive care for most cancer types, including haematological malignancies.

Oncology Ward and Cancer Treatment Suite

The Oncology Ward has private patient rooms, including two isolation rooms for patients undergoing autologous transplantation after chemotherapy. The Cancer Treatment Suite, which is part of Leaders in Oncology Care (LOC), treats and reassesses patients undergoing systemic anti-cancer treatments. All nursing staff are experts in the field, ensuring that patients get the best possible treatment.

Multidisciplinary team

The following staff also support patients in both areas: oncology-trained pharmacists, dietitians, physiotherapists, an occupational therapist and Resident Medical Officers, breast, urology, colorectal, gynaecological and palliative care Clinical Nurse Specialists, a hospital chaplain, counselling psychologists and complementary therapists.



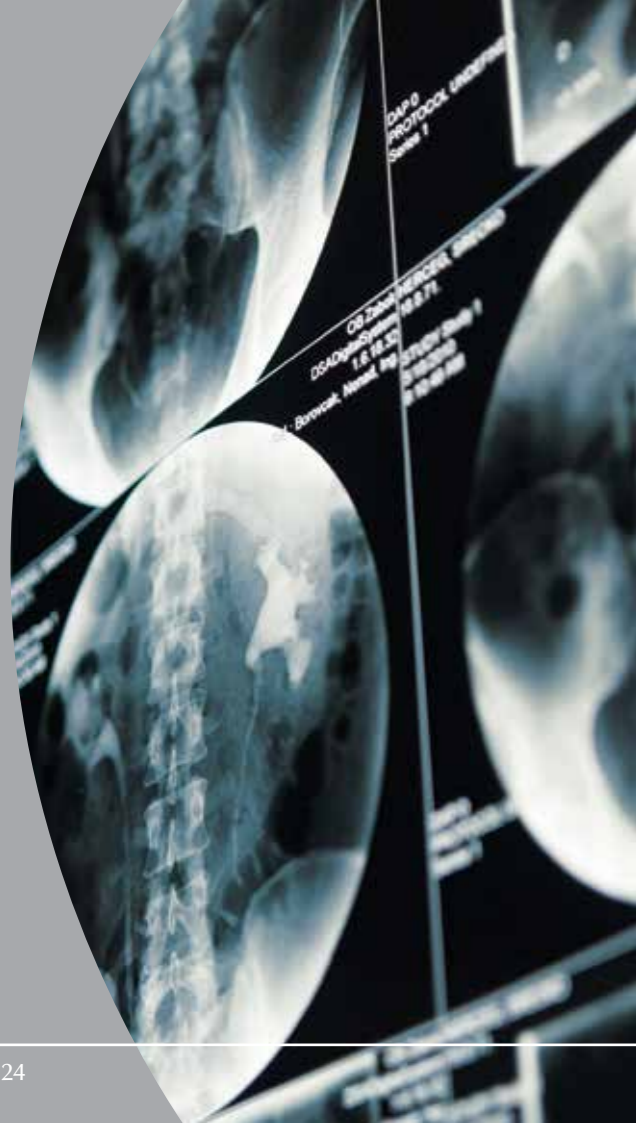
Orthopaedic Services

Orthopaedic Services at London Bridge Hospital provide rapid assessment, consultation and treatment of numerous musculoskeletal problems. Using minimally invasive procedures and the latest imaging techniques, we develop tailored treatment plans for each individual patient.

Leading orthopaedic specialists and surgeons carry out a range of common and complex treatments, including spinal surgery, arthroscopy, total joint replacements, reconstructive surgery and pain management.

Diagnostic tests, treatments and clinical consultations can often be carried out on the same day, at one central London location, as an outpatient or day-case surgery. We also provide a full range of non-surgical and holistic services.

Chartered physiotherapists at the hospital work directly with orthopaedic patients to develop and maintain personal exercise programmes, before and after surgery.



Urology Unit

The Urology Unit continually develops the use of new techniques to treat male and female genito-urinary conditions to ensure individuals receive the most appropriate treatment for their conditions. Specialist services include investigation and treatments for prostate cancer, bladder, kidney and testicular cancer, laparoscopic surgery, robotic surgery, bladder and urethral reconstructive surgery, treatment of kidney stones with laser fragmentation, erectile dysfunction and sexual health.

Prostate Brachytherapy

A dedicated Prostate Cancer Service provides a full range of surgical investigations and treatments, including transperineal prostate biopsies with the latest 3T MRI fusion technique, brachytherapy and robotic surgery, supported by specialist radiological and pathological services.

The Urology Team also uses the latest surgical procedures for the treatment of prostatic enlargement, including Holmium Laser Enucleation (HoLEP) and Holmium Laser Ablation (HoLAP).



Vascular surgery

Our Vascular Surgery Service treats vascular problems through minimally-invasive catheter procedures and surgical reconstruction.

We offer aortic stenting surgery for the treatment of abdominal and thoracic aneurysms. This allows for a shorter hospital stay and quicker recovery. We also offer Abdominal Aortic Aneurysms screening using a simple ultrasound scan.

We provide rapid diagnosis for stroke and TIA using CT/MRA Brain scanning and Duplex ultrasound as well as a fast track service for carotid surgery, with diagnosis to surgery in 48 hours.

We also offer a one-stop diabetic foot clinic which incorporates a Duplex scan of the leg's circulation, blood test, wound care and a specialist clinical assessment.

Other surgical procedures available include Injection Sclerotherapy (MIST) to treat thread veins, and varicose vein surgery using Laser or Radiofrequency ablation (VNUS) treatment.



The London Liver Centre

The London Liver Centre has been a leader in its sector for over 20 years and has an international reputation for the advanced techniques developed and perfected in many areas of liver-related medicine.

The centre has a portfolio of excellence in hepato-pancreato-biliary surgery, hepatology and living donor liver transplantation. We provide a comprehensive clinical programme with an integrated investigation and treatment service for acute and chronic liver disease.

Both routine and emergency cases are accepted as inpatients and outpatients for liver transplantation, liver and pancreatic intensive care and hepatology (including investigation and treatment of fatty liver, primary liver cancers and Hepatitis B and C virus infections).



The London Lupus Centre

The London Lupus Centre is recognised throughout the world in the treatment of lupus, antiphospholipid syndrome (Hughes Syndrome) and related diseases.

The Centre provides a unique, comprehensive diagnostic and treatment facility for patients with these disorders.

We offer a full clinical service for all rheumatic diseases, as well as a rapid appointment system, usually within 48 hours.

All our physicians are trained in the renowned St Thomas' Hospital Lupus Unit, London, under the leadership of Professor Graham Hughes, the UK's leading lupus Consultant.

London Rheumatology Centre

The London Rheumatology Centre provides rapid consultation for any patient experiencing joint or muscle problems.

The team of Consultant Rheumatologists is supported by the comprehensive imaging, physiotherapy and orthopaedic departments at London Bridge Hospital.



London Bridge Dialysis Unit

The Dialysis Unit has been established for over 25 years and has a worldwide reputation for the quality of care provided. Our dedicated unit provides dialysis for patients who are NHS sponsored, as well as overseas visitors.

The Dialysis Unit also provides acute dialysis and continues to run a 24-hour nurse on-call rota. Isolation room facilities are provided for patients who are Hepatitis B, C or MRSA positive.

Patients receive a high standard of care and treatment in comfortable surroundings, led by an experienced unit manager and a team of specialist nurses.



Renal Service

Our Renal Service provides facilities for treating patients with general nephrological conditions, in addition to patients with acute and chronic renal failure and end stage renal failure requiring access surgery.

The Renal Service comprises a multidisciplinary team and includes renal physicians (nephrologists), dialysis nurses, renal transplant and access surgeons who deal with the surgical needs of dialysis patients and transplantations. The team also includes interventional radiologists who have expertise in the placement of dialysis catheters, renal biopsies, renal angiography and management of renal artery stenosis with balloon angioplasties and stenting.

The Haemodialysis Unit is led by a full-time renal physician, who is supported by visiting renal physicians and a fully trained nursing team. In addition to providing facilities for patients with chronic conditions requiring emergency treatment, the unit runs an out-of-hours emergency on-call service to cover any need for acute dialysis in the Intensive Care Unit.



Critical Care Unit

We provide a full range of tertiary care for patients. Our highly specialised Critical Care Unit allows us to achieve an unrivalled level of acute care and support for medical cases, complex surgical patients and multi-organ failure.

The Critical Care Unit includes ITU and HDU beds to support major surgical procedures, using state-of-the-art equipment and with top Consultants from London teaching hospitals. They are further supported by highly qualified resident medical staff available 24 hours a day, seven days a week and a dedicated multidisciplinary team.



Physiotherapy Department

At London Bridge Hospital, we have a committed team of highly-experienced Chartered and HCPC-registered physiotherapists, hand therapists and occupational therapists. Our wide range of postgraduate skills and knowledge, as well as our close links with referring Consultants, enables us to provide an excellent quality of patient care.

Our Inpatient Therapy Team provides treatment for patients who have undergone a wide range of procedures, including cardiac, orthopaedic and neurological surgery. Our aim is to prepare the patient for leaving hospital by providing advice, exercises and rehabilitation – ensuring that they are ready and confident to be discharged home.

Our enthusiastic outpatient physiotherapists treat a variety of conditions, ranging from post-operative rehabilitation, work-related disorders and sporting injuries. Each therapist provides a comprehensive assessment and diagnosis of the individual's problem, followed by a course of specialised treatment tailored to the patient's needs.



Dietetics

London Bridge Hospital has a team of highly skilled dietitians, supported by world-class Consultants from London's leading teaching hospitals. All dietitians are registered with the Health and Care Professions Council (HCPC), and are members of the British Dietetic Association (BDA).

It is our role to assess the individuals' nutritional needs, providing tailored nutritional advice for all inpatients and outpatients that are referred to us. Our dietitians have a range of expertise and are proud to provide the highest quality care. Specialist dietetic advice is provided to all critical care, gastroenterology, cardiology, oncology and haematology, renal and diabetes patients.

Inpatient service:

We provide comprehensive dietary assessments, which may involve food-based initiatives and, if necessary, oral nutritional supplements to aid recovery and optimise a patient's nutritional status. Assessment may also involve the provision of enteral nutrition via tube feeding if appropriate, or alternatively, parenteral nutrition (IV feeding) as indicated. When alternative feeding routes are required, a multidisciplinary approach is used to prescribe tailored nutrition.

Outpatient service:

We offer a flexible outpatient service with daily clinics held between 8am – 7pm. We are able to support the management of a wide range of diagnoses, including diabetes, cardiovascular disease, obesity and gastrointestinal disorders (for example the low FODMAP diet in treatment of Irritable Bowel Syndrome (IBS)). During the consultation, we work with our patients to agree a realistic nutritional care plan to help them achieve their treatment goals.

Recently, the dietetics department has launched a Hydrogen Breath Testing (HBT) service, which will complement our IBS service and enable patients to complete all necessary diagnostic tests.

For further information about our service, please call the dietetic department on: +44 (0)20 7234 2282 or email louise.gankerseer@hcahealthcare.co.uk

GP Liaison Service



For quick, convenient referrals – named and unnamed – contact our GP Liaison Department. The department liaises with GPs, Consultants, their secretaries and patients to provide appointments at London Bridge Hospital and its outpatient centres. The service provides you with:

- Rapid access to appointments with our top teaching hospital specialists
- One telephone number and one initial phone call – we look after the rest
- Peace of mind knowing that your patient is being looked after.

Services are available **8.00am – 6.00pm, Monday to Friday**. To refer a patient, please contact the GP Liaison Team for assistance on: **020 7234 2009** or email gpliaisonlbh@hcahealthcare.co.uk.

GP and Consultant meeting opportunities

The GP Liaison Team can also arrange and manage meeting opportunities for Consultants and GPs. This includes our Educational GP Seminar Programme, which is run all year round. These seminars can be held at the hospital and locally to you. For a list of upcoming hospital seminars, visit our GP Seminar website www.gpseminars.co.uk.

For timely, convenient referrals, call the GP Liaison Team:
+44 (0)20 7234 2009 or email gpliaisonlbh@hcahealthcare.co.uk