



London Bridge Hospital

## Contact Us

For timely, convenient referrals,  
call the GP Liaison Team:

### GP Liaison Department

Tel: +44 (0)20 7234 2009

Email: [gpliaisonlbh@hcahealthcare.co.uk](mailto:gpliaisonlbh@hcahealthcare.co.uk)

### London Bridge Hospital

27 Tooley Street, London SE1 2PR

Tel: +44 (0)20 7407 3100

Web: [www.londonbridgehospital.london](http://www.londonbridgehospital.london)

**HCA**Hospitals  
World-Class Healthcare

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V2/12/15



London Bridge Hospital



PRIVATE  
HEALTHCARE  
EXCELLENCE



## London Bridge Hospital

We provide rapid assessment, intervention and treatment for numerous common and complex conditions. Patients receive customised, individual care. This has made London Bridge Hospital the hospital of choice for GPs, Consultants and patients.

### The London Bridge Hospital Campus

We're part of the London Bridge Hospital campus, one of the UK's largest private hospitals. London Bridge Hospital is internationally renowned for medical excellence, and attracts world-class doctors and surgeons from top London teaching hospitals.

Founded in 1986, London Bridge Hospital operates six outpatients and diagnostics centres across London and the South East: HCA Healthcare UK at The Shard; 120 and 31 Old Broad Street; City of London Medical Centre; Docklands Healthcare and Sevenoaks Medical Centre in Kent.

### Why make referrals to us?

#### Recognised medical expertise

- Leading specialists from top teaching hospitals
- Rapid assessment, diagnosis and treatment
- World-class specialist medical centres.

#### Advanced treatment services

- Management of chronic and acute problems
- Pioneering clinical services
- State-of-the-art medical technology.

#### High quality private care

- Extremely low infection rate
- International patient care
- Privacy, dignity and respect.

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# Medical excellence

## World-class medical centres

At London Bridge Hospital, we run specialist medical centres, globally renowned for their success in assessing and treating common, complex and acute conditions. We work with Consultants from London's leading teaching hospitals, including Guy's & St Thomas', St Bartholomew's and King's College Hospitals to provide top quality medical care.

We have five conveniently located outpatient centres within London and the South East, allowing patients easier access to rapid appointments. Our centres are located at:

- 31 Old Broad Street
- 120 Old Broad Street
- City of London Medical Centre
- Docklands Healthcare in Canary Wharf
- Sevenoaks Medical Centre in Kent
- HCA Healthcare UK at The Shard.

## 24-hour medical backup

Highly skilled teams deliver first-class clinical and nursing cover, 24 hours a day, 7 days a week:

- 18 Critical Care beds staffed by experienced and qualified Critical Care Nurses
- Critical Care Resident Medical Officer
- Consultant Intensivist support
- Surgical Resident Medical Officer
- Theatre Team and Resuscitation Team
- Radiology and Pathology Service
- Medical Admissions Service
- Pharmacist cover
- Anaesthetic Practice Group on call.

## Outpatient services

The hospital's Outpatient Department provides access to experienced Consultants with expertise in all medical areas. Our facilities allow us to deliver advice, diagnosis and treatment across

many specialties, extremely quickly. With extended outpatient hours, from 8am to 8pm, our aim is to offer a professional service which is both convenient and accessible from one location.

## Clinical Nurse Specialists (CNS)

We have a team of Clinical Nurse Specialists who have been trained to the highest standard in their field of clinical expertise, in areas such as:

- Arrhythmia
- Breast care and lymphoedema
- Cardiology and cardiac rehabilitation
- Haematology.
- Liver transplant
- Spinal surgery
- Symptom Control and Palliative Care
- Urology.

Clinical Nurse Specialists develop one-to-one relationships with patients and their families and, as the main point of contact, help to navigate a seamless patient journey throughout treatment.

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# Highest clinical standards

**London Bridge Hospital is committed to the highest quality standards of medical excellence. This commitment is supported by a comprehensive quality assurance programme, with standards continually monitored through rigorous internal and external audit.**

**Our priority is to ensure that all patients are cared for in a way that is safe, effective, efficient and fair, and we strive to provide high-quality services to meet our patients' needs. The accreditations we have been awarded, and those we are currently working towards, reflect our dedication to providing world-class healthcare.**

## **Infection prevention and control**

At London Bridge Hospital our infection rates are extremely low – this is something we are very proud of and make every effort to maintain through the following actions:

### **Patient screening**

**All patients being admitted to our hospital, or having treatment in a designated high-risk area such as the Renal Dialysis Unit, will be required to undergo screening for MRSA prior to their admission.** Screening should occur no more than 21 days prior to admission but no fewer than 5 days to ensure we have results prior to admission. If the screening should return a positive result, patients will be required to undergo a suppression/eradication treatment to reduce the risks to yourselves prior to your admission.

Patients who have previously been admitted to hospitals, come from other healthcare facilities or have come from abroad may be required to also

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undergo CRO screening. CRO screening allows for the detection of specific antibiotic resistant organisms that may be present.

Screening and any additional precautions to be taken prior to admission will be discussed with patients during the preadmission interviews with one of the clinical team.

#### Infectious patients

Where an infection has been identified as having the potential of spread, patients will be nursed with additional precautions put in place. This will be discussed with the patient and their visitors by the clinical team.

#### Surgical infections

London Bridge Hospital participates in the Public Health England Surgical Site Surveillance for Infection programme for total hip and knee replacements, coronary artery bypass grafts, total abdominal hysterectomies and spinal surgery.

Submitting our infection rates allows us to be compared with other hospitals that provide the same services. This ensures that we are continually reviewing our practices to ensure that we maintain our high standards of care and low infection rates.

#### Environment

All of our overnight patients are nursed in single occupancy en-suite rooms to reduce the risk of the spread of infection. All patient rooms receive a comprehensive clean every day and between the discharge of one patient and the admission of the next.

London Bridge Hospital undertakes an extensive in-house audit programme to ensure that the highest standards of cleanliness and safety standards are met and maintained.

#### Visiting

All visitors are encouraged to participate in the cleaning of their hands upon arrival to the hospital

through the use of the alcohol hand rub throughout the facilities.

We ask that all visitors refrain from attending if for at least 48 hours if they have been or are feeling unwell.

#### Inspections, regulations, accreditations, audits and awards

##### Inspections and regulations

We work within national regulation and are inspected by a variety of different organisations including:

- Care Quality Commission
- Human Tissue Authority for solid organ transplants, stem cells and tissue implantation
- Health and Safety Executive.

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## Accreditations

We are accredited by the following organisations:

- CHKS
- CPA Labs
- IIP
- ISO CSSD
- JAG accreditation (Endoscopy)
- Clinical Pathology Accreditation (CPA) for our pathology facilities
- MacMillan accreditation

Presently, we are working towards the JACIE accreditation for haematology medicine. The primary aim of this is to promote high-quality patient care and laboratory performance in haematopoietic stem cell collection, processing and transplantation through an internationally recognised system of accreditation.



## JAG accreditation

In November 2014, London Bridge Hospital Endoscopy department was awarded JAG accreditation. JAG is an accreditation programme which ensures the quality and safety of patient care by defining and maintaining the standards by which endoscopy is practised with quality and safety assurance.

Upon visiting the Endoscopy Department at London Bridge Hospital, regulators commented “The London Bridge Endoscopy Service offers an excellent patient centred experience, providing high quality care for UK and international patients, during a wide range of diagnostic and therapeutic endoscopic procedures. This is a well led service with a clear focus on high standards of safety, quality and standards of care. The workforce is highly competent, and an asset to the organisation. Patient feedback supports an excellent caring experience, and we highly commend the service on achieving JAG accreditation.”



## MacMillan accreditation

In March 2015, London Bridge Hospital was awarded with a MacMillan accreditation. The assessment was based on four different criteria and scored an average of 4/5 to meet the required standard, including design and use of space, the user’s journey, service experience and user’s voice.

This accreditation will help to assure patients that London Bridge Hospital meets the high standards of patient care set by the MacMillan Team.

## Hospitality assured

The Hotel Services Team at London Bridge Hospital has worked hard to achieve accreditation within this institute, having successfully achieved accreditation at our first assessment, in 2015, with a score of 66.8%.



This has since improved, with a score under the Service and Business Excellence of 68.6% – a leading achievement within the healthcare sector of the hospitality industry. We are continually reviewing the service we provide to ensure we are providing the best possible service.

## British Institute of Cleaning Science (BICScs) accredited training organisation

The housekeeping department has been awarded an accreditation to become a British Institute of Cleaning Science (BICScs) accredited training organisation. This means we can now deliver our own accredited and certified training to the Housekeeping team.



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### CDU assessment

Our Sterilising and Decontamination Department (CDU) have recently been assessed and certified as successfully meeting the requirements for decontamination of medical and surgical instruments in accordance with the requirements of:

- ISO 9001:2000
- ISO 13485:2003
- Directive 93/42/EEC
- Annex V (sterility aspects)

### Clinical and documentation audits

At London Bridge Hospital, we value clinical audits as a means to improve the care we provide for our patients. We work hard to ensure that we are measuring the quality of the care we provide, and that we use this information to improve our services. As such, we continually carry out both internal and external audit activities. These are informed by the external agenda and our internal requirements.

We were the first independent hospital to submit cardiac surgery data to the Society of Cardiothoracic Surgeons of Great Britain and Ireland database:

- Cardiology BCIS, TAVI, PACEMAKER, RF, RFA, Coronary Artery Bypass Grafts
- ICNARC-Critical Care
- Key Performance Indicators
- National audits such as blood transfusion
- NCEPOD
- Pressure ulcers
- Spinal outcomes

### Awards

#### Investors in People Gold Status

The hospital has achieved Investors in People Gold Status, an internationally recognised standard for the training and development of staff.



#### BUPA Accreditation – Breast, Bowel and Gynaecology

We presently have both BUPA Breast and BUPA Colorectal Accreditations, and have recently received the BUPA Gynaecological Accreditation. We are also part of the HCA Cancer Network.

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### Patient satisfaction

We are continually striving to improve our service and care, and any comments and feedback help us to do this. We therefore carry out regular patient satisfaction surveys, and hold patient forums quarterly throughout the year in order to compile feedback from patients, as well as to enable knowledge transfer between the hospital and our patients. This is important in order to retain an expert clinical research workforce within London Bridge Hospital, and to facilitate high-quality research for the benefit of our patients. Our quality monitoring has seen positive results, with a recent patient satisfaction survey showing 99% of patients are clearly satisfied with their operation or treatment at the hospital, and previous data showing a further 99% would recommend London Bridge Hospital to their family and friends.

### Enhanced care

#### Multi-faith chaplaincy service

At HCA Hospitals, we offer the highest standards of holistic care to give you as much support as you need. All our patients and their relatives, carers and friends have access to trained, accredited healthcare chaplains who provide support to those of all faiths and beliefs, whether religious or non-religious. At any time during care and treatment, you can turn to them for:

- pastoral care – support and understanding unrelated to any religious beliefs
- spiritual care – help and support that caters to your personal beliefs about your life and journey
- religious care – support and guidance in accordance with recognised religious beliefs and values. The chaplains make regular ward visits in all our hospitals, and are available for staff, patients and visitors alike. The chaplaincy team represents all the major faiths, and they will happily contact representatives of other faiths at your request.

You are welcome to contact a chaplain for any reason and at any time during your care. A chaplain's visit can simply be an opportunity for a friendly chat, or they can include reading from holy books and prayer as well as anointing, Holy Communion or other sacraments and rituals. There is no charge for this confidential visit. Please speak to any member of our nursing staff and they will make arrangements for you.

#### Supporting charities

London Bridge Hospital supports a number of charities, including local charity, Connect. Connect supports and cares for people with aphasia; a communication disability that usually occurs after a stroke or brain injury.

The hospital actively supports a number of other charities, including MacMillan Cancer Care as well as The Haven, Pink Buddies, Breast Cancer Campaign and Cancer Research. The hospital is involved with supporting the Wellbeing of Women Christmas Fair.

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## Efficient clinical services

### One-stop services

In many cases, patients can receive consultations, procedures and treatment on the same day, at the same central London location. This is available as an outpatient or day case surgery, with fast follow-up appointments to discuss results.

### Day Care Unit

The Day Care Unit currently has 24 beds. A wide range of surgical, endoscopy and pain-management procedures are carried out, which include orthopaedic, gynaecological, colorectal and general surgery. A new state-of-the-art operating theatre is often utilised for our surgical cases and the adjoining endoscopy suite ensures a swift and straightforward patient journey.

The nursing team in the Day Care Unit is highly valued by Consultants for their efficiency, professionalism and flexibility, and they regularly receive excellent feedback from patients.

### Urgent Medical Admissions Service

An Urgent Medical Admissions Service is available for patients needing quick, general medical opinion. Available 24 hours a day, 7 days a week, it offers access to six Consultants on an on-call basis. Simply call **020 7407 3100** and ask for the Duty Manager – the Consulting Physician will assess and, if necessary, admit the patient.

### Pharmacy Service

The Pharmacy Service at London Bridge Hospital is committed to providing a first-class pharmaceutical service for patients, nurses and Consultants. We offer a comprehensive service including clinical ward visits, dispensing and information. We have

dedicated clinical pharmacists and technicians for each floor in addition to our specialist pharmacists in outpatients, oncology, infection and critical care.

The work of the Pharmacy Service encompasses a wide range of areas, including:

- Advice on correct usage of medication
- All UK private outpatient prescriptions
- Cytotoxic reconstitution
- Daily ward rounds
- Discharge medication counselling
- Information on medicines and patient advice
- Inpatient prescriptions
- Over-the-counter sales for non-prescription medicines.

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## Latest imaging

The Imaging Department uses the latest technology for quicker, non-invasive assessment and treatment. These include MRI (3T and 1.5T Magnets), Digital Mammography, lowest-dose 64-Slice CT scanning, ultrasound and Bone Densitometry. The latest additions to our facilities include:

### 3T MRI Scanner

We are very pleased to have added a 3T MRI scanner to 31 Old Broad Street, Sevenoaks Medical Centre and HCA Healthcare UK at The Shard, to complement the 6 1.5T units we already operate across the hospital. These latest additions will allow us to provide prostate spectroscopy as part of a prostate assessment service, as well as allowing excellent imaging for diagnosing orthopaedic disorders, including articular surface mapping. It also enables us to obtain significantly improved brain images, and our well-equipped Imaging Department is able to offer patients rapid access to MRI scanning, with same day appointments in many cases.

### CT/SPECT

The Nuclear Medicine Department has recently invested in a CT/SPECT unit, replacing the gamma camera. This new unit combines the anatomical imaging of CT scanning, with the functional imaging of nuclear medicine, providing a powerful diagnostic

tool. The machine is valuable in sports medicine, allowing very precise localisation of small fractures or other abnormalities, and also has enhanced capabilities in combined cardiac imaging, mixing structural calcium scoring from CT with functional cardiac mapping from nuclear medicine.

### Interventional Radiology

We have expanded our use of Interventional Radiology (IR) for rapid diagnosis and minimally invasive treatment. These provide exciting opportunities for advanced cancer therapy, fibroids treatment, venous access, spine interventions, arterial interventions and non-invasive assessment of other medical conditions.

### Other advanced imaging

Other advanced imaging devices are now available at London Bridge Hospital. For more details on these and other imaging services, see reviews of each of our specialist medical centres within this brochure.

For timely, convenient referrals, call the Imaging Services Department: +44 (0)20 7234 2773 or email [lbh.imaging@hcahealthcare.co.uk](mailto:lbh.imaging@hcahealthcare.co.uk)



## Latest technology

We pioneer new surgical and diagnostic techniques, and continually upgrade our state-of-the-art technology to ensure that doctors always have access to the best possible treatment options. Some of the latest technologies and techniques available at London Bridge Hospital are:



### TAVI

Our Cardiology Unit offers Transcatheter Aortic Valve Implantation (TAVI) to treat patients who would be at high risk during standard cardiac surgery. TAVI allows aortic valve implantation without the need for a sternotomy or cardiopulmonary bypass.

### Sensei™ Robotic Catheter System

We were the first private hospital in the UK to use the first generation Sensei™ Robotic Catheter System, which gives surgeons accurate and stable control of catheter movement during complex cardiac procedures.

### Cellvizio®

London Bridge Hospital is the first hospital in the UK to use Cellvizio® exclusively for clinical purposes.

Cellvizio®, the world's smallest microscope, is used to examine tissue at cellular level during endoscopies and allows the physician to view internal tissues and obtain crucial microscopic information in real-time. It is a probe-based system and provides a cell-by-cell view of the lining and GI tract and lungs.

It can lead to improved detection of cancerous and precancerous tissue, resulting in faster treatment. Cellvizio® at London Bridge Hospital is used by Gastroenterologists specialising in Upper and Lower GI Surgery and Colorectal Surgery.

### Intraoperative cell salvage

London Bridge Hospital is one of the first hospitals in the country to use intraoperative cell salvage, which employs an extensive range of techniques to reduce bleeding and avoid unnecessary blood transfusions by recovering and recycling a patient's own blood.

London Bridge Hospital was the first hospital in the private sector to pioneer:

- The first minimally invasive mitral valve repair
- The first Hansen Robot™ to be used for ablation in a private hospital
- The first dual ablation procedure for arrhythmia
- The first 'hybrid' cardiovascular laboratory in the private sector.

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## Cardiology Unit

The Outpatient Cardiology Unit at London Bridge Hospital works with leading cardiac specialists and surgeons, carrying out a comprehensive range of invasive and non-invasive cardiology procedures, including:

- 24-hour and long-term ECG monitoring
- Blood pressure monitoring
- Cardiac angiogram and angioplasty
- Cardiac resynchronisation therapy for heart failure
- Echocardiography
- Electrophysiology studies and ablation for arrhythmias
- Pacemaker and ICD Implantation
- Stress echocardiography
- Tilt table testing.

The Unit is recognised as one of London's most successful, with a reputation for excellence in cardiac care. Our team treats a range of arrhythmias including atrial fibrillation, and specialises in heart failure treatment. Our experienced clinical physiologists also offer patients a 24-hour Pacemaker and ICD clinic.



## Cardiothoracic Unit

The Cardiothoracic Unit carries out a range of specialist cardiac surgical procedures, working with leading clinical Consultants.

### Cardiothoracic surgery

The speciality of cardiothoracic surgery is dedicated to surgery of the chest, including procedures such as coronary artery bypass. This, along with most other cardiothoracic procedures, takes advantage of our clinical perfusion facilities.

### Pioneering perfusion programme

A skilled perfusionist controls equipment that supports or temporarily replaces the patient's heart and lung function during surgery. We were the first private UK hospital to use platelet mapping for perfusion, and no other private UK hospital offers a more integrated academic and clinical perfusion programme. Other advanced technologies we use include:

- Advanced tissue sealants
- Coagulation analysers
- Completely biocompatible surfaces on all perfusion circuits
- Intraoperative cell salvage.



## Respiratory Pulmonary Centre

London Bridge Hospital has a dedicated respiratory/cardiac assessment unit, providing safe testing of lung function and cardiopulmonary diagnostics. We assess and treat a range of conditions, including asthma, COPD, bronchiectasis, tuberculosis, pneumonia, lung cancer and interstitial lung disease. Investigations include full lung function testing, cardiopulmonary exercise testing and bronchial challenge testing.

## Sleep Centre

Our specialist Sleep Centre comprises a team of neurologists and sleep physiologists, experienced in diagnosing and treating sleep disturbances including sleep apnoea, snoring, nocturnal epilepsy, insomnia, narcolepsy and parasomnias.

Tests available include:

- CPAP titration tests
- Multiple Sleep Latency Tests (MSLTs)
- Overnight oximetry
- Polysomnography (PSG).



## Endoscopy and Gastroenterology Unit

The Endoscopy and Gastroenterology Unit prides itself on providing a rapid, streamlined service. Equipped with the latest technology, the Unit can provide a minimally invasive alternative to surgery through innovative clinical services, such as the first fully integrated Pelvic Floor Assessment Unit. Endoscopy services include colonoscopy, gastroscopy, Endoscopic Retrograde Cholangio-Pancreatogram (ERCP), neurogastroenterology and Endoscopic Ultrasonography (EUS). We are the first private hospital in the South of England to use Endobronchial Ultrasound (EBUS) fine needle aspiration. Other specialist techniques include:

- Anorectal physiology
- Bravo pH monitoring
- Cellvizio
- High resolution oesophageal manometry
- Radio Frequency Ablation of Barrett's Oesophagus
- Single balloon enteroscopy
- Video capsule endoscopy.

The Endoscopy Unit is JAG accredited, ensuring the quality and safety of patient care is maintained.



## Oncology Unit

The Oncology Unit, which comprises an inpatient ward and a day case treatment suite, specialises in diagnosing and treating cancer. With access to renowned surgeons, medical and clinical oncologists and interventional radiologists, it provides comprehensive care for most cancer types, including haematological malignancies.

### Oncology Ward and Cancer Treatment Suite

The Oncology Ward has private patient rooms, including two isolation rooms for patients undergoing autologous transplantation after chemotherapy. The Cancer Treatment Suite, which is part of Leaders in Oncology Care (LOC), treats and reassesses patients undergoing systemic anti-cancer treatments. All nursing staff are experts in the field, ensuring that patients get the best possible treatment.

### Multidisciplinary team

The following staff also support patients in both areas: oncology-trained pharmacists, dietitians, physiotherapists, an occupational therapist and Resident Medical Officers, breast, urology, colorectal, gynaecological and palliative care Clinical Nurse Specialists, a hospital chaplain, counselling psychologists and complementary therapists.



## Orthopaedic Services

Orthopaedic Services at London Bridge Hospital provide rapid assessment, consultation and treatment of numerous musculoskeletal problems. Using minimally invasive procedures and the latest imaging techniques, we develop tailored treatment plans for each individual patient.

Leading orthopaedic specialists and surgeons carry out a range of common and complex treatments, including spinal surgery, arthroscopy, total joint replacements, reconstructive surgery and pain management.

Diagnostic tests, treatments and clinical consultations can often be carried out on the same day, at one central London location, as an outpatient or day case surgery. We also provide a full range of non-surgical and holistic services.

Chartered physiotherapists at the hospital work directly with orthopaedic patients to develop and maintain personal exercise programmes, before and after surgery. Our outpatient physiotherapy suite is located at HCA Healthcare UK at The Shard.





## The London Liver Centre

The London Liver Centre has been a leader in its sector for over 20 years and has an international reputation for the advanced techniques developed and perfected in many areas of liver-related medicine.

The Centre has a portfolio of excellence in hepato-pancreato-biliary surgery, hepatology and living donor liver transplantation. We provide a comprehensive clinical programme with an integrated investigation and treatment service for acute and chronic liver disease.

Both routine and emergency cases are accepted as inpatients and outpatients for liver transplantation, liver and pancreatic intensive care and hepatology (including investigation and treatment of fatty liver, primary liver cancers and Hepatitis B and C virus infections).



## The London Lupus Centre

The London Lupus Centre is recognised throughout the world in the treatment of lupus, antiphospholipid syndrome (Hughes Syndrome) and related diseases.

The Centre provides a unique, comprehensive diagnostic and treatment facility for patients with these disorders.

We offer a full clinical service for all rheumatic diseases, as well as a rapid appointment system, usually within 48 hours.

All our physicians are trained in the renowned St Thomas' Hospital Lupus Unit, London, under the leadership of Professor Graham Hughes, the UK's leading lupus Consultant.

## London Rheumatology Centre

The London Rheumatology Centre provides rapid consultation for any patient experiencing joint or muscle problems.

The team of Consultant Rheumatologists is supported by the comprehensive imaging, physiotherapy and orthopaedic departments at London Bridge Hospital.





## London Bridge Dialysis Unit

The Dialysis Unit has been established for over 25 years and has a worldwide reputation for the quality of care provided. Our dedicated Unit provides dialysis for patients who are NHS sponsored, as well as overseas visitors.

The Dialysis Unit also provides acute dialysis and continues to run a 24-hour nurse on-call rota. Isolation room facilities are provided for patients who are Hepatitis B, C or MRSA positive.

Patients receive a high standard of care and treatment in comfortable surroundings, led by an experienced Unit Manager and a team of specialist nurses.



## Renal Service

Our Renal Service provides facilities for treating patients with general nephrological conditions, in addition to patients with acute and chronic renal failure and end stage renal failure requiring access surgery.

The Renal Service comprises a multidisciplinary team and includes renal physicians (nephrologists), dialysis nurses, renal transplant and access surgeons who deal with the surgical needs of dialysis patients and transplantations. The team also includes interventional radiologists who have expertise in the placement of dialysis catheters, renal biopsies, renal angiography and management of renal artery stenosis with balloon angioplasties and stenting.

The Haemodialysis Unit is led by a full-time renal physician, who is supported by visiting renal physicians and a fully trained nursing team. In addition to providing facilities for patients with chronic conditions requiring emergency treatment, the Unit runs an out-of-hours emergency on-call service to cover any need for acute dialysis in the Intensive Care Unit.



## Critical Care Unit

We provide a full range of tertiary care for patients. Our highly specialised Critical Care Unit allows us to achieve an unrivalled level of acute care and support for medical cases, complex surgical patients and multi-organ failure.

The Critical Care Unit includes ITU and HDU beds to support major surgical procedures, using state-of-the-art equipment and with top Consultants from London teaching hospitals. They are further supported by highly qualified resident medical staff available 24 hours a day, seven days a week and a dedicated multidisciplinary team.



## Physiotherapy Department

At London Bridge Hospital, we have a committed team of highly-experienced Chartered and HCPC-registered physiotherapists, hand therapists and occupational therapists. Our wide range of postgraduate skills and knowledge, as well as our close links with referring Consultants, enables us to provide an excellent quality of patient care.

Our Inpatient Therapy Team provides treatment for patients who have undergone a wide range of procedures, including cardiac, orthopaedic and neurological surgery. Our aim is to prepare the patient for leaving hospital by providing advice, exercises and rehabilitation – ensuring that they are ready and confident to be discharged home.

Our enthusiastic outpatient physiotherapists treat a variety of conditions, ranging from post-operative rehabilitation, work-related disorders and sporting injuries. Each therapist provides a comprehensive assessment and diagnosis of the individual's problem, followed by a course of specialised treatment tailored to the patient's needs. Our outpatient physiotherapy suite is located at HCA Healthcare UK at The Shard.



## Dietetics

**London Bridge Hospital has a team of highly skilled dietitians, supported by world-class Consultants from London's leading teaching hospitals. All dietitians are registered with the Health and Care Professions Council (HCPC), and are members of the British Dietetic Association (BDA).**

**It is our role to assess individual nutritional needs, providing tailored nutritional advice for all inpatients and outpatients that are referred to us. Our dietitians have a range of expertise and are proud to provide the highest quality care. Specialist dietetic advice is provided to all critical care, gastroenterology, cardiology, oncology and haematology, renal and diabetes patients.**

### **Inpatient service:**

We provide comprehensive dietary assessments, which may involve food-based initiatives and, if necessary, oral nutritional supplements to aid recovery and optimise a patient's nutritional status. Assessment may also involve the provision of enteral nutrition via tube feeding if appropriate, or alternatively, parenteral nutrition (IV feeding) as indicated. When alternative feeding routes are required, a multidisciplinary approach is used to prescribe tailored nutrition.

### **Outpatient service:**

We offer a flexible outpatient service with daily clinic appointments offered from 8am-6pm. We are able to support the management of a wide range of diagnoses, including diabetes, cardiovascular disease, obesity and gastrointestinal disorders (for example the low FODMAP diet in the treatment of Irritable Bowel Syndrome (IBS)). During the consultation, we work with our patients to agree a realistic nutritional care plan to help them achieve their treatment goals.

The Dietetic Department has an established Hydrogen Breath Testing (HBT) service offering tests for Small Bowel Bacteria Overgrowth, gut transit time, lactose intolerance and fructose intolerance. This complements our IBS service and allows patients to complete necessary diagnostic tests on site or in the comfort of their own homes.

For further information about our service, please call the Dietetic Department on: +44 (0)20 7234 2762 or email [lbh.dietitian@hcahealthcare.co.uk](mailto:lbh.dietitian@hcahealthcare.co.uk)

## GP Liaison Service



For quick, convenient referrals – named and unnamed – contact our GP Liaison Department. The department liaises with GPs, Consultants, their secretaries and patients to provide appointments at London Bridge Hospital and its outpatient centres. The service provides you with:

- Rapid access to appointments with our top teaching hospital specialists
- One telephone number and one initial phone call – we look after the rest
- Peace of mind knowing that your patient is being looked after.

Services are available **8.00am – 6.00pm, Monday to Friday**. To refer a patient, please contact the GP Liaison Team for assistance on: **020 7234 2009** or email [gpliaisonlbh@hcahealthcare.co.uk](mailto:gpliaisonlbh@hcahealthcare.co.uk).

### GP and Consultant meeting opportunities

The GP Liaison Team can also arrange and manage meeting opportunities for Consultants and GPs. This includes our Educational GP Seminar Programme, which is run all year round. These seminars can be held at the hospital and locally to you. For a list of upcoming hospital seminars, visit our GP Seminar website [www.gpseminar.co.uk](http://www.gpseminar.co.uk).

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