Sexual problems are much more common than we think but because we are not very good at talking about sex when we have difficulties it can feel like we are the only ones suffering. I have worked in the field of sexual medicine since 2001 and worked with many patients and couples over that time. I really understand that talking about sexual problems can feel daunting and my priority when we meet is to put you at ease and get a good understanding of what the difficulties are, and how these might be impacting your relationship (if you have one) and your life more generally. My service is designed to support you in addressing any concerns you have in a sensitive manner and looking at treatments and strategies that may help you.

Please be reassured that all referrals and consultations are in strict confidence.

If you are interested in being seen please request a referral and an appointment can be arranged.

I look forward to meeting you.

Emma Waring

London Bridge Urology

With over 35 years experience of private medical practice in the UK, we will ensure that you will have the most advantageous experience here at London Bridge Urology. This means helping you not only through your initial consultation meetings and treatments but also to provide appropriate support and follow up consultations where necessary. We want you to experience the highest standards of private treatment and care available in London.

Our philosophy

To provide high-quality urological treatments in an inclusive, supportive and positive environment.

Our vision

To provide the most comprehensive, specialist urological practice in London and the UK.

How to find us:

London Bridge Hospital is situated on the South Bank of the Thames. We are next to London Bridge mainline and underground stations with easy access to the City. Please note: no right hand turn from Borough High Street into Duke Street Hill.
How we can help

It is quite understandable that as we go through life we may have periods where our sex lives may change or be influenced by issues such as the arrival of a new baby, stress at work or bereavement. At other times difficulties may be associated with a change in someone’s physical or emotional health, or after a particular surgical or medical treatment.

Sexual problems and relationship difficulties can significantly affect an individual’s self esteem, quality of life and happiness. At London Bridge Urology we recognise how important sexual functioning is to our patients and how difficulties in this area can have a huge impact on an individual’s or couple’s life.

Sexual difficulties encompass a range of different problems from erectile difficulties, ejaculation problems, dyspareunia (painful sex) and desire disorders (low sex drive) to name just a few. These difficulties can not only affect the individual experiencing the problem but they can also have a detrimental effect on the relationship, and may at times even contribute to the relationship ending.

At London Bridge Urology we have a specialist service to help address these issues. If you would like an appointment please either request a referral through your Consultant or when you speak to the administrative team. They will be happy to book you an appointment.

About Emma

Emma Waring qualified from St Bartholomew’s Hospital in 1995 as a registered general nurse and went on to specialise in cardiac nursing. In 2001 Emma obtained a degree in critical care nursing from Kings College London and moved into a specialist nurse role at Guys and St Thomas Hospital’s setting up a clinic to treat erectile dysfunction in cardiac patients. This was done in collaboration with Consultant Cardiologist, Dr Graham Jackson and because of the unique nature of the clinic Emma and Dr Jackson have presented their work nationally and internationally.

In 2004 Emma obtained a post graduate diploma in psychosexual therapy at the University of Central Lancashire and in addition to her nursing role began working as a sex and relationship therapist at Guy’s hospital.

Emma had this work recognised when she won the Nursing Times rising star award in 2004.

In October 2011 Emma joined London Bridge Hospital as a psychosexual nurse therapist setting up a psychosexual therapy service for patients/couples experiencing sexual difficulties and/or relationship problems.

Studies show that about 1 in 10 women will suffer with Dyspareunia (painful sex).

It is estimated that 50% of men between 40 and 70 years of age will experience ED at least once in their lifetime.

Men aged 30-40 years with erection problems have a seven-fold risk of coronary artery disease as they age over their next 10-15 years.

Men aged 40-50 years experiencing erection problem have an increased 50 fold risk of a cardiac event in next 10 years.

Erection problems can be caused by, or be an early warning sign, of ill health such as diabetes or cardiovascular disease.


“Emma was incredibly kind and made me feel very comfortable talking about very personal issues.”

“Thanks for the support and encouragement, what we couldn’t sort out in 5 years you helped us sort out in 5 months.”

“I was extremely impressed with Emma. She made me feel very comfortable talking about an uncomfortable subject.”