



London Bridge Hospital

Breakfast Menu

Room No:

Date: / /

Patients Name:

Please indicate portion Small Normal Large

Cereals

- Weetabix
- Cornflakes
- All Bran
- Muesli
- Rice Crispies
- Porridge

Fruit & Yoghurt

- Fresh Grapefruit Segments
- Stewed Prunes
- Plain Yoghurt
- Fruit Yoghurt
 - Full Cream Low Fat Soya
- Fresh Fruit Platter

Cooked Breakfast

- Poached Egg
- Fried Egg
- Scrambled Egg
- Mushrooms
- Hash Browns
- Tomatoes
- Baked Beans
- Bacon
- Sausage
- Kippers
- Black Pudding
- Smoked Salmon
- Eggs Benedict

Omelettes with choice of filling

- Plain
- Cheese
- Tomato
- Mushroom
- Other : _____

Breads & Spreads

- Brown Rolls
- White Rolls
- All Butter Croissants
- Wholemeal Toast
- White Toast
- Gluten Free Bread
- Butter
- Sunflower Margarine
- Marmalade
- Honey
- Jam
- Cottage Cheese
- Cheddar Cheese
- Cream Cheese
- Bagels
- Pain Au Chocolat
- Pitta Bread

Fruit Juices

- Chilled Orange Juice
- Chilled Pineapple Juice
- Chilled Apple Juice
- Chilled Grapefruit Juice
- Chilled *Cranberry Juice
- Chilled Tomato Juice

Coffee

- Fresh Coffee Decaffeinated Coffee
- Cappuccino Espresso Latté

Tea

- Breakfast Tea
- Earl Grey
- Fruit Tea
 - Camomile Mint Ginger

Milk

- Full Cream
- Low Fat
- Soya

Some items may contain nuts or derivatives of nut products. We use pasteurised egg in the production of our menu dishes
Should you wish to order shell eggs you will be required to sign a disclaimer as part of our Food Safety Policy
If you have any concerns please do not hesitate to speak with the Head Chef or Hotel Services Supervisor

If you require a meal that is not listed please contact Room Service on ext 2042

* Cranberry products should not be taken while on Warfarin, the anticoagulant medication. For further advice speak with nursing staff for referral to dietician