Emma Waring

Emma Waring qualified from St Bartholomew's Hospital in 1995 as a Registered General Nurse and went on to specialise in cardiac nursing. In 2001, Emma obtained a degree in critical care nursing from King's College London and moved into a specialist nurse role at Guy's and St Thomas' Hospitals, setting up a clinic to treat erectile dysfunction in cardiac patients. This was in collaboration with Dr Graham Jackson, Consultant Cardiologist, and due to the unique nature of the clinic, their work has been presented nationally and internationally.

In 2004, Emma obtained a postgraduate diploma in psychosexual therapy at the University of Central Lancashire and, in addition to her nursing role, began working as a sex and relationship therapist at Guy's Hospital.

Emma had this work recognised when she won the Nursing Times Rising Star award in 2004. Emma currently sits on the council for the British Society of Sexual Medicine.

In October 2011, Emma joined London Bridge Hospital as a Psychosexual Nurse Therapist with the aim of setting up a psychosexual therapy service for patients/couples experiencing sexual difficulties and/or relationship problems.

HOW TO FIND US:

London Bridge Hospital is situated on the South Bank of the Thames. We are next to London Bridge mainline and underground stations with easy access to the City. Please note: no right hand turn from Borough High Street into Duke Street Hill.

London Bridge Hospital
27-29 Tooley Street, London SE1 2PR
Tel: 020 7407 3100 Fax: 020 7407 3162
Email: info.lbh@hcahealthcare.co.uk
Website: www.londonbridgehospital.com

V1/01/12

London Bridge Hospital

PSYCHOSEXUAL COUNSELLING SERVICE

A survey of people aged between 16 - 44 years old found that 35% of men and 54% of women reported a sexual problem lasting one month or more in the last year.*

Sexual problems and relationship difficulties can significantly affect an individual's self esteem, quality of life and happiness. At London Bridge Hospital, we can provide a specialist counselling service to help overcome these problems.

*BMJ, volume 327, statistics 2003.

BACKGROUND

It is quite understandable that as we go through life we may have periods where our sex lives may change or be influenced by other issues such as the arrival of a new baby, stress at work or bereavement. At other times, difficulties may be experienced and these may be associated with a change in someone's physical or emotional health, or after a particular surgical or medical treatment.

At London Bridge Hospital, we recognise how important sexual functioning may be to our patients and how difficulties in this area can have a huge impact on an individual's or couple's life.

Sexual difficulties encompass a huge range of different problems from erectile difficulties, ejaculation problems, dyspareunia (painful sex) and desire disorders (low sex drive) to name just a few. These difficulties cannot only affect the individual experiencing the problem, but they can also have a detrimental effect on the relationship, and may at times even contribute to the relationship ending.

OUR SERVICE

We provide a Psychosexual Counselling Service to all our patients and their partners. Our Psychosexual Nurse Therapist, Emma Waring, offers sexual counselling to individuals or couples experiencing sexual difficulties and/or relationship problems.

We recognise that talking about sexual problems can be daunting for many people and so our service is designed to support patients and their partners to address sexual and relationship concerns in a sensitive, professional manner.

Please be reassured that all referrals and consultations are in strict confidence.

All London Bridge Hospital patients and their partners are eligible for four complimentary counselling sessions.

If you are interested in being seen, please request a referral from your Consultant or specialist nurse. They will be only too happy to refer you to this service.